



# The County of Sacramento

## 2022-2023 Juvenile Justice Realignment Block Grant Plan





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## Chair's Message

The Juvenile Justice system in California has evolved considerably over the last 20 years. At the Sacramento County Probation Department, this has created opportunities for us to lead stakeholders and system partners through substantive reform and implementation of research-based practices, all while aligning our policies and practices with the tenets of adolescent brain development and better understanding of trauma and its disproportionate impact on the communities we serve. During this same 20-year period, we realized a precipitous drop in the number of youth under our jurisdiction – declining from nearly 4000 to just over 1200 today.

As our state and local juvenile justice systems grapple with continued change, we find ourselves with the monumental opportunity to better address the needs of youth who are at the far-end of our juvenile justice continuum. Senate Bill 823 realigns youth who are committed to the state Division of Juvenile Justice and requires them to remain largely under county jurisdiction effective July 1, 2021. With implementation of this landmark legislation, we have the opportunity to correct a seemingly obvious system flaw. We can better address the needs of youth locally who would have otherwise been committed and delivered to state facilities throughout California. Sacramento County youth will now remain in closer proximity to our community, family, friends, providers, clinicians, teachers, faith leaders and probation officers who understand individualized needs, treatment, and how best to support adolescent behavior. We believe this will result in a positive/successful outcome.

Fortunately, Sacramento County's performance with reform efforts and the resultant downsizing of our justice footprint has created both capacity and strengths, which we can leverage in our response to realignment. Our deep connection with education ensures that quality academic programming is offered, such as accredited junior high/high school, college options, and fully functioning library and vocational services. Further, our partnerships with local providers supports an array of services including youth advocates with lived experience, recreation, and positive alternatives. Our trauma-informed group programs, commercial sexual exploitation programming, and our robust reentry services beginning at intake ensure youths' successful reintegration back into the community.

With these existing services and assets in mind, it is our goal to continue supporting healthy adolescent development and wellbeing, improve youth outcomes, collaborate with community-based providers, and maintain public safety.

A handwritten signature in black ink, appearing to read "Marlon Yarber", written over a horizontal line.

Marlon Yarber

Juvenile Justice Coordinating Council Chair

Chief Probation Officer



## Executive Summary

On September 30, 2020, the California State Legislature enacted Welfare and Institutions Code Section 1990-1995, the Juvenile Justice Realignment Block Grant Program (JJRBGP). The JJRBGP diverts the custody, care, and supervision of youth convicted of certain Welfare and Institution Code Sections to the local county level. Realignment legislation also directs the state to give counties funding to develop a local program for the qualified youth offenders. In order to receive this funding, counties are required to create a subcommittee of the multiagency Juvenile Justice Coordinating Council. The purpose of this council is to develop a plan describing the facilities, programs, placements, services, supervision, and reentry strategies that are needed to provide appropriate rehabilitation for the youth. This report incorporates Welfare and Institutions Code Sections 1995 (a) – (g) and the recommendations of Sacramento Counties Juvenile Justice Coordinating Council Subcommittee (JJCCSC).

Recommendations for the 2022-2023 JJRBGP Plan are summarized as follows:

1. Sacramento County shall create an evidence based and/or promising practice program called Valley Oak Youth Academy (VOYA). The intent of VOYA is to improve the outcomes of youth and public safety, reduce the transfer of youth into the adult criminal justice system, and ensure dispositions are in the least restrictive appropriate environment. VOYA will seek to reduce and then eliminate racial and ethnic disparities. VOYA also intends to reduce the use of confinement in the juvenile justice system by utilizing community-based responses and interventions.
2. Each youth committed to VOYA shall have an individual rehabilitation plan (IRP) developed within 30 days of their commitment order. The 30-day IRP will be based on comprehensive assessment of the youth. The comprehensive assessments will be shared with a multi-disciplinary team who will develop the IRP within 30 days. The MDT will include input from the youth, the youth's family, community advocate/messenger, mental and behavioral health clinicians, educational professionals, treatment providers, District Attorney, Defense Council, and any other person the Court deems appropriate. The IRP will identify the needs of the youth based on the comprehensive assessments and describe the rehabilitation treatment, plan for education, programming, and be trauma informed, evidence based, and culturally responsive.
3. Sacramento County will house our realigned youth at the Youth Detention Facility (YDF). This facility will have probation officers trained in trauma informed care, motivational interviewing, equity, and implicit bias training.
4. Youth committed to VOYA will receive services and support in accordance with their IRP. Specifically, youth will receive treatment for all their needs, including but not limited to; health, mental, emotional, any disabilities, any gender issues, and special needs. Youth will also be provided education in accordance with their IRP and be approached in a trauma-informed, evidence-based, and culturally responsive manner.
5. In order to prepare each youth for re-entry into the community, each youth at VOYA shall be given a Re-entry Team at the time of admission into VOYA. This team will be composed of a Support Coordinator, Community Advocate/Credible Messenger, and dedicated Probation Officer. Together this team will work with the youth in making progress towards their IRP. This team will also help create a non-residential community based plan (NRCBP) for re-entry back into the community. Once the court finds the youth can be discharged into the community, this team will continue to work with the youth in the community and to implement the NRCBP.
6. JJCCSC will continue to meet regularly to track, discuss, and assess information to identify gaps and opportunities to make adjustments needed for effective implementation of the 2023 Realignment Plan. Data will be collected and evaluated to determine appropriate funding allocations for the following year.



Sacramento County has both strong county leaders and community advocates dedicated to achieving goals of the JJRBG, rehabilitating our youth, and improving public safety. Below is a summary of Priority Recommendations for the JJRBG.

### **Sacramento County JJRBG Plan-Priority Recommendations**

#### Individual Rehabilitation Plan (IRP) and Comprehensive Assessments

- IRP will be based on comprehensive assessment using an MDT approach
- Progress towards IRP will be reviewed at a minimum every 6 months
- Each youth will be given a Support Coordinator to facilitate IRP process and MDT

#### Youth Detention Facility Housing, VOYA

- Provide housing and supervision for realigned youth

#### Youth Detention Facility Services, VOYA

- Education/vocational/employment opportunities
- Adolescent development programs (peer-relations, life skills, journal program, mentor program)
- Pro-social activities and recreation (swimming, basketball, track and field)
- Community based organization support services
- Spiritual and tribal support services
- Re-entry Team Support (SC, Community Advocate, Probation Officer)

#### Youth Detention Treatment, VOYA

- Behavioral Health (individual and group therapy: cognitive, family reunification, trauma, anger)
- Substance Use Prevention and Treatment (individual and group therapy)
- Juvenile Sex Offender Treatment

#### Re-Entry

- Education (Transition Specialist assigned to each youth to support with linkage to continuum education)
- Employment (Re-entry team will work with employers to link and support youth to opportunities upon discharge)
- Housing (a housing plan will be developed for each youth using grant funds and county/state resources)
- Supervision

#### Community Engagement

- Community Advocate/Credible Messenger will be assigned to each youth
- Community based organizations will be brought into VOYA to support the youth

#### Family Engagement

- Family Therapy provided to support family dynamics
- Family Engagement Nights
- Family Visiting

#### Data Analysis and Reporting

- Collect and analyze data to inform stakeholders



## Background and Instructions

Welfare and Institutions Code (WIC) Sections 1990-1995 established the Juvenile Justice Realignment Block Grant program to provide county-based care, custody, and supervision of youth who are realigned from the California Division of Juvenile Justice (DJJ) or who would otherwise be eligible for commitment to the DJJ prior to its closure.

The California Department of Corrections – DJJ provided education and trauma informed treatment to California's youthful offenders up to the age of 25 who have the most serious criminal backgrounds and most intense treatment needs that require the greatest investment in restoration. The Governor's 2020-21 Budget gradually transfers the responsibility for managing all committed youth housed at the DJJ from the state to local county jurisdictions. The realignment of DJJ services to the counties eventually brings about the end of the state's juvenile justice operations. The DJJ will no longer accept new commitments after June 30, 2021, with some exceptions defined in SB 823.

To be eligible for funding described in WIC Section 1991, a county shall create a subcommittee of the multiagency Juvenile Justice Coordinating Council (JJCC), to develop a plan describing the facilities, programs, placements, services, supervision and reentry strategies that are needed to provide appropriate rehabilitation and supervision services for the population described in Section 1990(b).

### Juvenile Justice Coordinating Council Sub-Committee (JJCCSC)

The JJCCSC is tasked with developing the plan per WIC Chapter 1.7, Section 1995(a). According to WIC Section 1995(a), the committee shall be composed of the chief probation officer, as chair, and one representative each from the district attorney's office, the public defender's office, the department of social services, the department of mental health, the county office of education or a school district, and a representative from the court. The WIC also indicates that the subcommittee shall include no fewer than three community members who shall be defined as individuals who have experience providing community-based youth services, youth justice advocates with expertise and knowledge of the juvenile justice system, or have been directly involved in the juvenile justice system.

In order to receive 2022-2023 funding pursuant to WIC Section 1991, the county plan shall be filed with the Office of Youth and Community Restoration by January 1, 2022.



## VOYA Vision

The vision of Sacramento County's Valley Oak Youth Academy (VOYA) is to develop individual rehabilitation plans (IRPs) for each youth using comprehensive assessments and a multi-disciplinary team approach to support positive outcomes for youth and public safety, reduced transfer of youth to the adult criminal justice system, reduced racial and ethnic disparities, and reduced confinement in the juvenile justice system.

A commitment to VOYA will constitute a safe and secure environment consistent with trauma informed care, equity, promising and evidenced based practices that meet the individual treatment, education, and service needs of each youth. Through this approach, VOYA seeks to establish conditions that are trauma informed and provide emotional safety for the youth in order to allow the youth the opportunity for:

- Self-expression
- Discovery
- Healing
- Empathy
- Conscious Choice
- Natural Logical Consequences
- Hope
- Accountability and
- Corrective Experiences



*Valley Oak Youth Academy – The Valley Oak tree is native to the Sacramento area. It symbolizes lasting strength and endurance. The acorn of the tree symbolizes unlimited potential that something so small has the potential to grow into a large majestic oak tree. A tree mural is painted in the program-housing unit.*

During initial orientation, a tree-focused activity identifies all the supports youth have when they enter the program. This visual tree continues to “branch” out with additional supports (e.g. family, advocates, providers, teachers, etc.) as they progress through the program. When youth leave the program, the visual reminds them they are not alone, they have support from many areas of their life, and they are growing into strong individuals capable of making healthy positive decisions that benefit themselves and the community.



## Juvenile Justice Coordinating Council Subcommittee Plan Overview

WIC Section 1995(a)-(g) requires counties to identify 13 specific areas of their plan. These 13 areas include:

1. Subcommittee Composition
2. Target Population
3. Program and Services
4. Mental Health, Sex Offender Treatment, Trauma Based Services
5. Support Programs or Services
6. Family Engagement
7. Reentry
8. Trauma Informed Care and Culturally Responsive Services
9. Community Services and Programs
10. Facility Plan
11. Retaining the Realigned Youth Within the Jurisdiction
12. Regional Efforts
13. Data

Sacramento County's JJCCSC has carefully considered each one of these 13 areas pursuant to WIC Section 1995(a)-(g) and outlined the plan accordingly. Sacramento County is confident the plan created will meet our youth's rehabilitation goals and improve public safety.

**Contact information for this plan includes the following:**

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# 1 Subcommittee Composition – Welfare and Institutions Code Section 1995(b)

**WIC 1995 (b) List the subcommittee members, agency affiliation where applicable, and contact information:**

Agency	Name and Title	Email	Phone Number
Chair, Probation Chief	Chief Probation Officer Marlon Yarber	<a href="mailto:YarberM@SacCounty.Net">YarberM@SacCounty.Net</a>	(916) 875-0310
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District Attorney's Office Representative	Principal Criminal Attorney Nancy Smith	<a href="mailto:SmithN@sacda.org">SmithN@sacda.org</a>	(916) 874-8998
Public Defender's Office Representative	Supervisor of Public Defender Juvenile Division Tiffanie Synnott	<a href="mailto:SynnottT@sacounty.net">SynnottT@sacounty.net</a>	(916) 874-6411
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Children's Law Center	Community Member Raechel Ibarra	<a href="mailto:raechelrenaeibarra@gmail.com">raechelrenaeibarra@gmail.com</a>	(530) 368-9401
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Additional Subcommittee Participants			
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*Subcommittee Composition*



## 2 Target Population – Welfare and Institutions Code Section 1995 C(c)(1)

**Describe the realignment target population that is to be supported or served by allocations from the block grant program, including the numbers of youth served, disaggregated by factors including their ages, offense and offense histories, gender, race or ethnicity, and other characteristics, and by the programs, placements, or facilities to which they are referred.**

Sacramento County’s realignment target population includes youth (males age 15 to 25) adjudicated as wards of juvenile court for serious violent felonies as described in WIC Section 707 (b) or sex offenses as described in Penal Code (PC) Section 290.008 (c).

At this time, the County does not plan to secure resources to address the needs of the following commitments

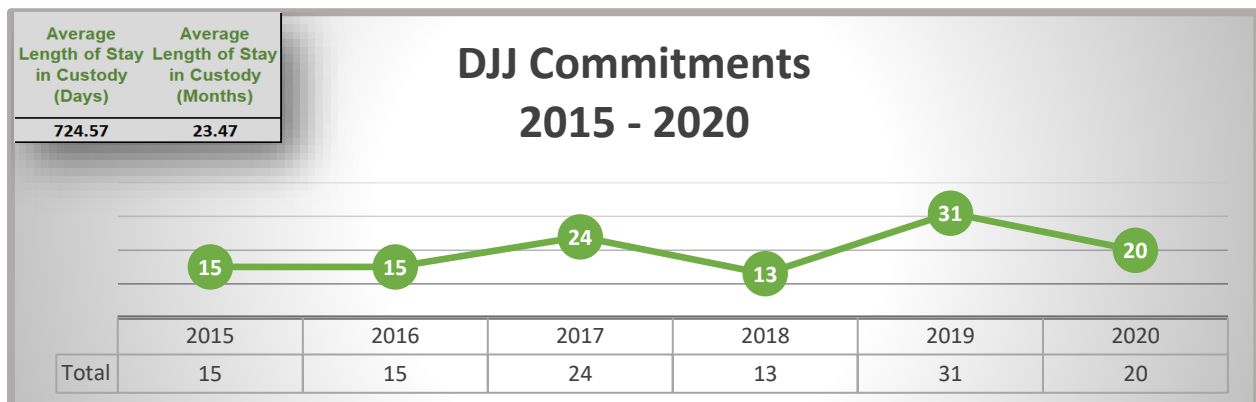
- Youth with acute psychiatric symptoms and mental health needs as committed youth would not benefit from the YDF programming due to specific treatment needs in these areas.
- Females: A review of prior female DJJ commitment trends does not support the creation of gender-specific programming in Sacramento County. Current local statistics indicate a female has not been committed to DJJ in over six years. Were this trend to change, any female DJJ commitment would be housed with the rest of the female general population within YDF. The general population of females typically presents as much younger, less sophisticated and could be manipulated by the older female(s). The DJJ female(s) would require access to the same programs as the male population and would need to be included into the programs with the males or a separate program would be required for a small female population.

The following information depicts Sacramento County’s current committed DJJ population and anticipated numbers of youth to be served.

- There are currently 55 youth housed at DJJ as of January 2021.
- Approximately 53 DJJ commitments to VOYA are anticipated by December 2023.

In projecting the VOYA population for the months of December 2021 and December 2022, the number of youth committed to VOYA could range between 0 and 3 youth per month.

VOYA secure track numbers require staffing of 10.2 staff per unit, which equates to a total of 3 housing units (approximately 50 youth) at full implementation by December 2023.



DJJ Commitments<sup>1</sup>

<sup>1</sup> Shows DJJ acceptances by month and average length of stay for the youth committed between 2015 and 2020.



As of January 2021, Sacramento County's DJJ population was 55. Of those youth, 47 graduated high school, seven youth completed some high school and one is in the High School Equivalency Testing Program (HiSET®). California approved the use of two high school equivalency tests (GED® and HiSET®) for students 18 years-old and older, and 17 years-old in some instances, for the purpose of receiving a California High School Equivalency Certificate.

Of the current DJJ population, 31% of the youth have had at least one prior out-of-home placement; 47% percent of the youth have had multiple in-state and out-of-state placements.

Thirty-six of the fifty-five DJJ youth participated in vocational training while in custody at the Youth Detention Facility.

*Characteristics of Sacramento County DJJ Population - Males<sup>23</sup>*

EDUCATION	
Graduated	47
High School	7
HiSET	1

VOCATIONAL TRAINING	
NORTHERN CALIFORNIA CONSTRUCTION TRAINING (NCCT)	28
CULINARY	8

AGE	
Age 16	1
Age 17	2
Age 18	12
Age 19	15
Age 20	15
Age 21	8
Age 23	2

ETHNICITY <sup>4</sup>	
Asian	1
Black	32
Hispanic	14
Other	3
White	5

CHARGE	NUMBER OF YOUTH
PC 187(A)	7
PC 187(A)/PC 211	1
PC 203	1
PC 211	20
PC 212.5	1
PC 215(A)	2
PC 215(A)/PC 211/PC 215(A)	1
PC 220	2
PC 220(A)(1)	1
PC 220/PC 245(A)(4)	1
PC 245(A)(4)	4
PC 245(B)	1
PC 246	3
PC 273A(A)/PC 245(A)(4)	1
PC 288(A)	4
PC 459	1
PC 664/187(A)	1
PC 664/187(A)/PC 245(A)(2)	1
(blank)	2

<sup>2</sup> Sacramento County has not committed a female to DJJ since 2014.

<sup>3</sup> As of January 31, 2021

<sup>4</sup> Knowing the importance of self-identity, Sacramento County is committed to accurate reporting and assisting youth with their selection



## Additional Target Population Information

**Describe any additional relevant information pertaining to identified target population, including programs, placements, placements and/or facilities to which they have been referred.**

The legislation requires the DJJ to close on June 30, 2023 and requires the Director of the DJJ, by January 1, 2022, to develop a plan for the transfer of jurisdiction of youth remaining at the DJJ who are unable to discharge or otherwise move pursuant to law prior to the division’s final closure on June 30, 2023. The legislation will make other technical and conforming changes to implement the realignment of youth from the DJJ to county-based custody.

There are currently 57 youth committed to the DJJ from Sacramento. Of the 57 commitments, 54 have expiration / close dates between 2023 and 2030 (listed in the chart below). Fifty-two (52) have expiration / close dates that are past June 30, 2023. These numbers are based off the expected expiration / closure dates. In the chart below, there is a January and May expected release in 2023.

Twenty-five (25) of the 52 youth have “discharge consideration” board dates noted that if they were released at that hearing, would be released prior to June 30, 2023. This number is ever changing and will require continuous review to have an accurate number for our projections.

With the current projections, if all the DJJ youth eligible for release are released at their hearing, Sacramento County may be responsible for housing 27 DJJ returnees in anticipation of DJJ’s closure, pending any other alternative recommendations by the DJJ Division Director. This equates to an additional two (2) VOYA units for DJJ returnees, in addition to projected three (3) units for VOYA commitments, totaling five (5) VOYA housing units, requiring Probation custody, care, and supervision by June 30, 2023.

# of Youth	Years								
Months	2023	2024	2025	2026	2027	2028	2029	2030	Grand Total
Jan	1			1		1			3
Feb		1		1	2				4
Mar					1	2			3
Apr				1	1				2
May	1		2	4			1		8
Jun				2			1	1	4
Jul		1				1			2
Aug			1	2			1		4
Sep	1		2		2	2			7
Oct		1	3	1	3		1		9
Nov				1	1				2
Dec			5	1					6
<b>Grand Total</b>	<b>3</b>	<b>3</b>	<b>13</b>	<b>14</b>	<b>10</b>	<b>6</b>	<b>4</b>	<b>1</b>	<b>54</b>



## Study of Sacramento’s DJJ youth

To further understand the population at DJJ, Sacramento County sought additional information regarding our DJJ youth. As such, Sacramento County reached out to DJJ to receive the list of all youth at DJJ from Sacramento County as of October 2021, reviewed each youth’s case, and did a deeper dive into their needs. This review was used in developing priority needs for the 2022-2023 and 2023-2024 plan. In summary, the data reviewed indicated:

Data Area	Outcome	Priority Identified
Demographics	85% of our youth are either African American/Black or Hispanic/Latinx.	Programs and services must be culturally competent with a race equity lens.
	76% of our youth are between the ages of 19-21 years old	Programs and services should be focused on meeting the needs and interest of this age group.
Education	22% of our youth had IEP’s in place prior to DJJ commitment	VOYA must be prepared to meet IEP needs of youth returned from DJJ
	54% of our youth were behind on educational credits and/or had low GPA’s prior to DJJ	Educational and vocational services must be strong to meet the needs of our youth
Family Dynamics	64% of our youth had at least one CPS referral, 72% had multiple CPS referrals, 31% had a least one prior out of home placement, 72% had multiple out of state or in state placements	Youth will need support in family engagement and services.
	40% of our youth lived with their mother prior to DJJ commitment	Youth will need support in family engagement and services
Mental Health	66% of our youth had documented mental health history prior to DJJ commitment, including; 33% ADHD, 24% conduct disorder, and 16% PTSD.	Mental Health treatment must be delivered to youth at VOYA.
Substance Use	60% of our youth had documented drug history with marijuana as the most prominent drug of choice.	Substance Use Prevention and Treatment must be delivered at VOYA.
Gang History	36% of our youth had documented gang history prior to admission into DJJ	Peer-relations support groups must be part of the treatment programs at VOYA
Zip Codes	42% of our youth lived in South Sacramento prior to detention of charge that lead to DJJ	In planning re-entry support, and understanding of services in South Sacramento to link youth to must be evaluated
Risk Assessments	Approximately 57% of a sample of these youth were either moderate or moderate-high risk to reoffend	VOYA services and support must address rehabilitation needs of youth



### **3 Programs and Services – Welfare and Institutions Code Section 1995(c)(2)**

***Provide a description of the facilities, programs, placements, services and service providers, supervision, and other responses that will be provided to the target population.***

Sacramento County intends to provide VOYA participants with safe facilities, robust programs, supportive re-entry placements, a wide array of services and service providers, and trained supervision. Below is a short summary of each of these areas. A more detailed summary can be found in Sections 3-8 of this plan.

#### **Facilities**

The Sacramento County Probation Department operates the Youth Detention Facility (YDF). Deputy Probation Officers and Assistant Probation Officers provide custody, care, and supervision of youth while in custody. The YDF serves both pre- and post-arraignment, between the ages of 10 and 19 years old who stay an average of 25 days.

In 1963, the Sacramento County Youth Detention Facility opened with 41 beds and expanded to 261 beds in 1998. Between 2004 and 2010, the YDF construction expansion project began. The project included the following: renovation of existing living units; decentralization of services to units; additional detention beds; security doors and locks; cameras in units and throughout facility; a visitor center; renovated gymnasium; expanded medical clinic; mental health offices; expanded kitchen; laundry and warehouse; secure vehicle sally port; new intake / booking center; public lobby; administrative offices; secure staff parking; training rooms; and public conference rooms. Every unit has dedicated school classroom(s), day space, showers, and an outdoor courtyard. The YDF also has an outdoor field and gymnasium for physical activities, programs, and organized sports. The current rated holding capacity is 416.

The facility consists of 17 housing units, booking/intake area, medical clinic, mental health offices, a visitor center, gymnasium and outdoor field. Housing units include an orientation unit, four male general population units, one female unit, and two maximum-security units. One unit is dedicated to emergency housing for 300 WIC youth. The age of majority population (over 18) is another unit for those booked into the main jail and transferred to the YDF awaiting appearance for juvenile court matters.

Due to the low number of youth in custody, many housing units were repurposed for programming and educational use. Two units support vocation and higher education, such as college course instruction and culinary / construction instruction. One unit is the Boys & Girls Club and one unit is the library and career development services.

The remaining three vacant units are dedicated for the VOYA population. With the projected increase of VOYA population requiring up to five (5) units by December 2023, changes will have to be made to how units are currently being used. Currently, The YDF has dedicated one vacant single-tiered housing unit for up to 14 VOYA individuals. If the population increases and/or if DJJ decides to return DJJ youth to local custody when they close their doors on June 30, 2023, additional vacant units (projected up to five units) will be dedicated to house the VOYA population. These housing units are self-contained and include classrooms, day space, dining tables and showers. Each room is equipped with a sink and toilet.

The location of these units is optimal as they are in close proximity to the 24-hour clinic, vocational units, and higher educational programs. The identified units also have a larger day space for programming needs than other general population units, as well as a connected and enclosed outdoor area for recreation.

All VOYA youth have their own dedicated sleeping space. The rooms do not allow for double capacity; therefore, youth will never share a room with another resident.



## Programs

Youth at VOYA will have an opportunity to participate in an array of different programs. Programs will be offered to meet the youth's needs in regards to:

- Mental Health/Substance Use and Prevention
- Education, Vocation, and Employment
- Health Adolescent Development
- Re-Entry
- Family Engagement
- Community Engagement
- Pro-Social Activities

Sacramento County is confident that the programming available to VOYA will meet the needs of our youth as Sacramento County has already gained national recognition for programs currently offered at the YDF.

In 2008, the Performance Based Standards (PbS) accreditation program began at the YDF. PbS combines juvenile justice research, best practices and extensive field experience to offer a data-driven continuous improvement process customized for youth facilities, residential programs, and reentry services. PbS provides goals and standards that set the expectation for conditions of confinement, quality of life, staff-youth relationships, healthy cultures, and effective services and an on-line system of data collections and reporting to continually monitor performance.

Sacramento County YDF was the winner of PbS Barbara Allen-Hagen Award in 2018, 2013, and 2011. This award is given annually to a detention facility across the nation that best exemplifies PbS' commitment to treating all youth as one of our own and uses the PbS improvement model to achieve positive outcomes for youth, staff, and families. PbS recognizes and honors facilities that have demonstrated a commitment to enhance the lives of youth. YDF has embraced this commitment to our youth.

## Placements

Each youth will be provided a dedicated Re-entry team. This team will include a Support Coordinator, Community Advocate/Credible Messenger, and a Probation Officer. Together this team will explore placement options and opportunities for the youth during their commitment to VOYA. Goal for placement will be with family or independent living. Sacramento County is exploring housing options for our youth in community placement. Although Sacramento County does not currently have any dedicated housing, Sacramento County is committed to providing alternatives to incarceration consistent with the legislation act and is fortunate to have strong community resources. By using existing community resources, the Re-entry Team has a wealth of options for our youth and the ability to truly create individual rehabilitation plans. Further, by having an individualized Re-entry Team incorporating the lens of three different perspectives, a placement plan within the community can be created that not only meets the needs of the youth but also ensures public safety.

The three different perspectives making up the Re-entry Team include Probation Officer, Support Coordinator and Community Advocate/Intervention Worker. Examples of Youth Community Based Resources that pre-exist and will be used to develop housing options and resources include, but are not limited to:

- Youth Forward
- Youth Explosion
- Black Child Legacy Incubator Sites
- Oak Park Community Center
- Waking the Village



- Rose Family Creative Empowerment Center
- Simmons Community Center
- Anti-Recidivism Coalition
- Lesbian, Gay, Bisexual, Transgender, Questioning, Intersex and Allies (LGBTQIA) Center
- Burning Bush Moments
- Gang Awareness and Prevention
- Alternative to Violence
- The Beat Within
- The Bridge Network
- Contract for Success
- Foster Grandparents
- Gun Violence Information for Teens
- Man Alive
- Pine Grove Youth Fire Camp

## Services

Services at VOYA will include:

- Individual Rehabilitation Plan (IRP) Service (includes comprehensive assessments and development of IRP through MDT model)
- Medical,
- Mental Health/Substance Use Prevention and Treatment,
- Education,
- Re-entry,
- Family Engagement, and
- Community Support Services to ensure healthy adolescent development and rehabilitation.

### IRP Services

Programing and Services begins with the IRP process. Each youth will be given a Support Coordinator to facilitate the development of an IRP using comprehensive assessments and an MDT model. This IRP will be the foundation in determining the youth needs and services while at VOYA.

### Medical

Youth's medical needs will be attended to during their commitment at VOYA. These medical needs include, but are not limited to, vision, dental, and medical health. A review of recent health records and any needed appointments will be included in the youth's IRP to ensure the medical needs of the youth are addressed. Currently, medical staff are available on site 24 hours a day, 7 days a week.

### Mental Health/Substance Use

In terms of mental health and substance use and prevention, Sacramento County Department of Health & Human Services (DHHS) and Correctional Health provide assessment and support for youth with mental health or substance use needs. Currently, mental health clinicians are on site 7 days a week, and the visitor center is open 7 days a week.

### Education

In regards to education, the Sacramento County Office of Education provides year-round instruction in terms of GED, High School, vocational, and Employment opportunities. Education services will include assessments of the youth to monitor growth and progress.





Re-Entry

Re-Entry services will include a re-entry team consisting of a Support Coordinator, Community Credible Messenger, and a Probation Officer. This team will deliver services to the youth to ensure appropriate re-entry services are planned for and are in place upon discharge.

Family Engagement

Family engagement services will include programs focused on family therapy, family engagement and family visiting.

Community

Community Based Organizations will also be brought into the VOYA program to ensure community resources and services are provided to the youth in order to support healthy adolescent development and a smooth transition into the community.

**Housing Unit Supervision**

Sacramento County recognizes that supervision of this target population requires a supervision model that incorporates both traditional probation supervision and also a team that helps support probation terms and conditions of supervision. The following staffing model will provide supervision of the VOYA population for one unit:

Positions	Duties
10 - Assistant Probation Officers (APO)	Supervise the youth throughout the entire day including meal times, during education and exercise. Frequently conduct or lead different program activities, for example, sports, art or other recreational activities. Additionally, APO's counsel youth regarding their behavior. Document youth's behavior daily. Respond to emergency situations and provide written documentation to on duty Supervising Probation Officers.
2 - Deputy Probation Officers (DPO)	Conduct assessments and develop a case plan for the youth upon commitment to a program. Regularly meet with the youth regarding their progress in the programs and court ordered treatment. Communicate with outside agencies, treatment providers and volunteers that are involved in the unit program. Supervise the unit as a whole to ensure communication between shifts occurs and a schedule is maintained.

<b>1 - Senior Deputy Probation Officer (Sr. DPO)</b>	<b>Provide training and guidance to the DPO's relative to Court processes. Order items for the unit as necessary. Ensure the unit and programs are running in a consistent manner. Provide performance evaluations on staff.</b>
1 - Supervising Probation Officer (SPO)	Oversee all staff in the unit and the unit program. Communicate between administration and unit staff if necessary. Handle grievances from the public and maintenance requests from the unit. Review and provide disposition in an Institutional Incident Report.

*Unit Supervision Model*



## Supportive Supervision Model

Funded Positions	Duties
Support Coordinators	Facilitate and Coordinate the IRP process, MDT's, and 6 month reviews. Meet with youth weekly. Conduct intervention program focusing on youth journaling regarding insight, victim impact, and re-entry plan. Develop re-entry plan with youth utilizing community resources to create a non-residential community based alternative to incarceration. Serves as case managers to youth when discharged from the facility.
Community Advocates/Credible Messengers	Provide mentor support to youth and work with youth on developing a permanent support system within the community. Once youth are transitioned into the community, meet with youth and family regularly to support and advocate for the youth needs surrounding food, clothing, shelter, pro-social activities, and life skills.



## 4 Mental Health, Sex Offender Treatment, Trauma Based Services – Welfare and Institutions Code Section 1995 (c)(3)(A)

*Describe how the County plans to apply grant funds to address the mental health, sex offender treatment, or related behavioral or trauma-based needs of the target population.*

Sacramento County plans to apply grant funds to address the mental health, sex offender treatment, or related behavioral or trauma-based needs of this target population. Funding was identified as a priority for this area based on our case study of our current DJJ youth. Case studies indicated that 66% of our youth had documented mental illness prior to their commitment to DJJ and 56% had substance use issues. Further, studies indicated that 84% of our youth were either African American/Black or Hispanic/Latinx, which indicated a need for cultural competency delivery of services. Below is a chart describing the application of these grant funds and a summary of how they will be applied.

Block Grant Need	Use of Funds	Allocation of Funds
Mental Health, Substance Use Treatment, Family Therapy, Individual/group therapy, and sex offender treatment	Hire Senior Mental Health Clinicians and psychiatric services to deliver mental health and substance use treatment to youth committed to VOYA including individual, group, and assigned counselors. Maintain industry standards of 1:10 ratio of clinician to youth	Department of Behavioral Health
Sex Offender Treatment Program	Hope for Healthy Families	Community Based Organizations
Credible Messengers	Provide Credible Messengers to support delivery of services that are culturally competent, trauma informed, and provided through a race equity lens.	Community Based Organizations

### Mental Health and Substance Use Prevention and Treatment

Science documents the needs for addressing mental illness, substance use, criminal thoughts, and behaviors from a co-occurring framework. VOYA will hire clinicians licensed to specifically address mental illness, substance use, and criminal thoughts/behaviors simultaneously with cognitive behavioral therapy methods. In doing so, staffing for mental health needs to be consistent with industry standards of one counselor to ten youth in a treatment setting.

#### Individual Counselor

Each youth will be assigned an individual clinically licensed mental health counselor to help support individual therapy and counseling. Upon a recent survey of youth currently in VOYA, youth have indicated that they may be more willing to share past trauma in an individual session as opposed to a group setting. VOYA intends to incorporate this need by assigning each youth to an individual counselor in 2022-2023.

#### Cognitive Behavioral Intervention-Core Youth (Latessa)

Group sessions emphasize skill-building activities to assist with cognitive, social, emotional, and coping skills development. This program will offer multiple entry points and allow flexible integration of new group members.

#### Multidimensional Family Therapy (MDFT)

Family-based treatment and substance use prevention program for adolescents impacted by drug and behavior problems as well as delinquency. This program is based on the recognition that many factors



contribute to the initiation of drug use/abuse. This program focusses on four areas of treatment: adolescent, parent, family, and community.

### Dialectical Behavioral Therapy Groups

Groups focused on skill building, mindfulness, emotional regulation, and distress tolerance. This group provides the opportunity to learn and work on utilizing skills prior to release.

### Transition to Independence Process Model

Curriculum that is developed for youth/young adults with emotional/behavioral difficulties. The program is set up to engage youth in their own future planning.

### Credible Messengers

Sacramento County recognizes that delivery of mental health services is key to the success of the youth. In order to ensure mental health treatment is being received by the youth, Sacramento County will fund credible messengers to work with and teach alongside Behavioral Health in the instruction and interaction with the youth.

### **Sex Offender Treatment**

Sacramento County will offer two different programs used to address therapy for juvenile sex offenders.

### Multisystemic Therapy-Problem Sex Behaviors (MST-PSB)

MST-PSB is the only evidence-based model for youth over nine (9) and under 18, who have committed sexual offenses. The curriculum includes an individualized safety plan for each youth and family. Intensive therapy that addresses the multiple systemic factors associated with youth who commit sexual offenses.

### Hope for Healthy Families

To address the needs of juvenile sex offenders, Hope for Healthy Families Counseling Center currently in place for youth under supervision in the community. Hope for Healthy Families provides a high-quality outpatient program design consisting of sexually abusive juvenile treatment services aimed at preventing recidivism and promoting the prosocial development of youth. Hope for Healthy Families is a state-certified treatment provider for sex offender registrants. The program for this specialized service is referred to as The Phoenix Program. This program offers therapeutic services and has four state-certified associate to licensed providers. If youth have not yet completed their programming at the time of release, counseling will be continued in the community, during re-entry under supervision of Re-entry Probation Officers.

The treatment program uses a collaborative approach and includes the following elements:

- Individualized treatment plans for each youth driven by the Youth Level of Service / Case Management Inventory (Y-LSCMI) assessment;
- Juvenile sex offender risk assessments using both a validated static and dynamic assessment tool;
- Assessment of youth and family functioning;
- Trauma indicator screening;
- Relevant background, psychiatric diagnostic, cognitive and academic functioning;
- Intellectual capacity; and
- Physical functioning.

All factors of the treatment plan, including duration and intensity, must be customized for each sexually abusive youth, be collaborative in approach and include elements that have been demonstrated to be predictors of treatment success and reduced recidivism. Assessments are conducted using a cross-validated assessment tool appropriate for each youth's age group. The results of each assessment are used to inform the individualized treatment plan. An initial risk assessment is conducted prior to the development of the treatment plan followed by subsequent assessments at regular intervals and a final



assessment is conducted prior to the termination of the treatment program. All treatment plans are reviewed through a collaborative process with Probation and the family prior to implementation.

## **Trauma Informed and Focused Care**

VOYA is dedicated to providing trauma informed and focused care through training, services, and facility accommodations.

### **Training**

All newly hired Probation staff are trained in Universal Trauma Informed Care; additional trauma-focused training opportunities are available throughout the year. The training will be countywide for local county departments and community agencies and will address the impact of community childhood trauma and establish a standardized common language and definition of trauma. Training will include implicit bias, race and equity, LGBTQI, conflict resolution, and Two Spirits training.

Additionally, Department of Behavioral Health clinicians, credible messengers, and community advocates will be trained in delivery of trauma informed care and committed to delivering cultural competent services.

### **Services**

In addition to providing individual and group therapy for youth committed to VOYA, the DHHS Division of Behavioral Health Services (BHS) will provide an abundance of services directed at trauma informed and focused care.

BHS will be a designated contact bureau and liaison to:

- Participate in the IRP and MDT processes;
- Research lists submitted by the Probation Department to identify Medi-Cal eligible juveniles;
- Determine the eligibility of the juveniles;
- Research Medi-Cal coverage for any juveniles who may be eligible for and/or entitled to such coverage based on disability or other linkage;
- Notify the Probation Department of the outcome of the Medi-Cal determination, and issue a paper Medi-Cal card for the juveniles as soon as eligibility is established.

In addition, BHS will deliver the following services:

- Crisis intervention
- Suicide Prevention
- Medication Support Services
- Skills Training
- WIC 5150 Applicant Designation
- Child and Family Team Meetings
- Re-Entry Team Meetings
- Special Needs Meetings



### **Trauma Informed and Focused Facilities**

VOYA will include a Multi-Sensory De-escalation Room (MSDR) which allows residents to process their emotions by engaging their senses through activities within the room. Unit staff submit a referral for an assessment, proactive, or de-escalation session. During an assessment, a resident is introduced to all items in the room, and through mutual conversation, a resident's strengths, supports, and triggers are identified. When used proactively or for the purpose of de-escalation, staff will help a resident find ways to cope that may be utilized immediately or at a later time. Sessions are conducted on a one-on-one basis to provide individualized attention to the youth. A second youth may be present to provide additional emotional support and mentorship.



MSDR



## 5 Support Programs or Services

**WIC Section (c)(3)(B): Describe how the County plans to apply grant funds to address support programs or services that promote healthy adolescent development for the target population.**

Sacramento County plans to provide youth at VOYA with an array of comprehensive support programs and services. In addition to the mental health services outlined in Section 4, Sacramento County will also provide support programs or services with medical services, education services/programs, and adolescent development. Priority for funding in this area was determined after reviewing the data from our current DJJ youth which indicated that 87% of our youth graduated from high school, 22% had IEP's, and 76% were between the ages of 19-21 years old. Further data supporting funding needs indicated that 36% of our youth had documented gang history, 64% had CPS involvement, and 57% have moderate or moderate-high criminogenic risk to offend. Hence, Sacramento recognizes a need for vocation/education, peer-relations programs, community advocates, and a coordinator to support our youth's complex lives. Below is a chart describing the grant funds that will be allocated towards support services and program and a description of the program and services that will be provided outside of mental health and treatment.

Block Grant Need	Use of Funds	Allocation of Funds
Educational Support and Services	Development of vocational programs, increase of educational instructors, and supported services surrounding IEP's.	Sacramento County Office of Education and Community
Community Advocates	Provide Community Advocate to support youth throughout their admission to VOYA and post-discharge in connecting and linking youth to community support.	Community Based Organizations.
Support Coordinator	Provide each youth with a Support Coordinator to facilitate the IRP process, 6 months review, and support youth's voice through the VOYA program.	TBD
Journaling Program	Develop a journaling program to support youth in self-reflection, awareness, and goal setting.	TBD
Defense Attorneys	Provide Defense Attorneys to support the statutory required advocacy of youth throughout their VOYA commitment.	Public Defenders/Conflict Panel
Probation Officers	Provide Probation Officer to support housing, re-entry, classes, services, visitation, and supervision needs of youth at VOYA and released into the community.	Probation Department
Peer-Relations Program	Create a program that can address healthy peer relationships to address gang issues and/or other peer-relations concerns	Community Based Organization

### Medical Service - Sacramento County Correctional Health

Under the umbrella of the Department of Health Services, Primary Health Division, Juvenile Correctional Health employs an interdisciplinary team of healthcare providers, registered nurses, and administrative staff responsible for providing legally mandated, relevant and continually evolving healthcare practices that ensure high quality services and efficient service delivery to youth. Services include health screenings, immunizations, optometry, dental, routine and specialty care. Procedures are in place to provide care for any youth who appears to be in need of or who requests medical, mental health, or development disability treatment. In accordance with Title 15 minimum standards, medical, dental, and mental health matters involving clinical judgments are the sole province of the responsible physician, dentist, psychiatrist or psychologist, respectively.



In August 2021, the Sacramento County Probation Department's Youth Detention Facility (YDF) received accreditation through the National Commission on Correctional Health Care (NCCHC). The YDF was evaluated based on NCCHC Standards for Health Services in the Spring of 2021. As part of its review, the NCCHC toured the YDF clinic area, housing areas, and intake/receiving areas. They reviewed health records, policies and procedures, provider licenses, administrative services or systems, health staff, and continuous quality improvement meeting minutes, job descriptions, statistical and environmental inspection reports, and health services personnel and training records. They also interviewed multiple administrators, medical doctors, staff, probation officers and juveniles selected at random. NCCHC's standards have helped correctional facilities improve the health of their youth and the communities to which they return, increase the efficiency of their health service delivery, strengthen their organizational effectiveness, and reduce the risk of adverse patient outcomes and legal judgements.

Correctional Health operates with a correctional specific electronic health record system to provide innovative medical technology, thereby increasing efficiency in healthcare and service delivery. Staff include:

- Physicians
- Dentist and Dental Hygienist
- Supervising Registered Nurse
- Registered Nurses
- Pharmacist and Pharmacy Tech
- Office Staff
- Clinic and Program Manager

**Medical Service Components include:**

- Health Screenings
- Health Education
- Vision Exams and on site optometry
- Dental Sick Call
- Immunizations
- Referral to mental health services
- Routine Medical and Emergency Care
- Infirmary Care
- Physician Sick Call
- Psychiatric Referrals
- Nurse sick call
- Access to healthcare treatment within the facility





## Education Services and Programs

Youth at VOYA will be offered education services and programs to support adolescent development. Education support and services are offered through an educational program at VOYA called El Centro Junior/Senior High. In daily collaboration with the Sacramento County Probation Department (Probation), El Centro Junior / Senior High School (El Centro) provides three educational pathways to residents within the Sacramento County Youth Detention Facility. Juvenile and young adult residents engage in the pathways based upon their age and high school graduation status. General population residents generally focus on completing credits necessary to earn a California High School Diploma, while Valley Oak Youth Academy (VOYA) residents not only finish their diploma, but continue on with advanced studies via transferrable community college courses, career technical education sequences that lead to pre-apprentice certifications and depending on length of stay, may engage in upper division university course-work leading to a bachelor's degree.

El Centro is operated by the Sacramento County Office of Education (SCOE) in collaboration with Probation. In 2021 the school was awarded a six year accreditation by the Western Association of Schools and Colleges (WASC). Additionally El Centro partners with Lake Tahoe Community College, Sacramento City College, Folsom Lake College and Lassen Community College to provide post-secondary courses that are transferrable to the California State University or the University of California. El Centro also offers high quality career technical education courses that lead to pre-apprenticeship certification. Non-profit partners provide a host of additional educational support services to students attending El Centro programs.

Displayed in the table below are the components of the current El Centro High School Diploma program, the current expanded El Centro programs offered to VOYA residents and future El Centro plans to enhance education for VOYA residents.

General Population and VOYA Residents: High School Diploma Program	VOYA Residents - High School Graduates: Current Expanded Offerings	VOYA Residents - High School Graduates: Future Education Offerings
<ul style="list-style-type: none"> <li>• Intake Assessments:</li> <li>• Reading</li> <li>• Math</li> <li>• Career Interest</li> <li>• Electronic Student Success Plan</li> </ul>	<ul style="list-style-type: none"> <li>• Daily 21<sup>st</sup> Century Career Center Engagement</li> <li>• Career Exploration</li> <li>• Financial Literacy</li> <li>• Computer Science/ Information Technology *21<sup>st</sup> Century Competencies for College and Career</li> <li>• Author and speaker visits</li> </ul>	<ul style="list-style-type: none"> <li>• Virtual Reality Career Exploration</li> <li>• Google Expeditions Virtual Field Trips (museums, historical landmarks, time-travel through history)</li> <li>• Virtual Vocational Training</li> <li>• Maker Space STEAM Center (Square Root/916 Ink)</li> <li>• Robotics</li> <li>• *Digital Citizenship</li> <li>• *Computer Programming and Technological Science</li> </ul>
<ul style="list-style-type: none"> <li>• Academic Program</li> <li>• 245 day school year leading to a WASC Accredited CA HS diploma</li> <li>• Individualized based upon student need</li> </ul>	<ul style="list-style-type: none"> <li>• Post-secondary degree courses</li> <li>• SOAR College Program</li> <li>• Online AA Courses</li> <li>• Correspondence Courses</li> </ul>	<ul style="list-style-type: none"> <li>• Post-secondary degrees</li> <li>• Bachelor's Degree from Sacramento State</li> <li>• Bachelor's Degree from Lake Tahoe Community College (in collaboration with LTCC and guidelines of AB 927)</li> </ul>



<ul style="list-style-type: none"> <li>• Full complement of Special Education Services</li> <li>• Credentialed HS Counselor support</li> </ul>	<ul style="list-style-type: none"> <li>• Hybrid courses (in-person instruction and online)</li> <li>• Improve Your Tomorrow (IYT) post-secondary completion support</li> </ul>	
<ul style="list-style-type: none"> <li>• Career Technical Education</li> <li>• Introductory coursework: Culinary Arts and Construction Trades</li> </ul>	<ul style="list-style-type: none"> <li>• Career Technical Education</li> <li>• eDynamic Learning CTE courses in all industry sectors</li> <li>• Advanced capstone courses in Culinary and Construction</li> <li>• Certifications towards Apprenticeship Required Knowledge and Skills Competencies</li> <li>• Guest Chef speaker series</li> <li>• Pre-apprentice certification Culinary and Construction</li> </ul>	<ul style="list-style-type: none"> <li>• Computer Science and Tech Certifications</li> <li>• Coding</li> <li>• Drone Technology</li> <li>• 3D Printing</li> <li>• Robotics</li> <li>• Career Technical Education</li> <li>• Full Culinary Apprenticeship with social enterprise component</li> <li>• Full Construction Apprenticeship with social enterprise component</li> <li>• 2-year Barbering State Licensure Program)</li> </ul>
<ul style="list-style-type: none"> <li>• Resident mentoring support</li> <li>• IYT</li> <li>• Earth Mama Healing</li> </ul>	<ul style="list-style-type: none"> <li>• Resident Expanded Mentoring/Career and Post-secondary planning</li> <li>• IYT</li> </ul>	<ul style="list-style-type: none"> <li>• Resident Additional Mentoring Services</li> </ul>
<ul style="list-style-type: none"> <li>• Post-release support</li> <li>• IYT</li> <li>• Sac Mandarins Drum Corps</li> <li>• Earth Mama Healing</li> </ul>	<ul style="list-style-type: none"> <li>• Post-release post-secondary support</li> <li>• IYT</li> </ul>	<ul style="list-style-type: none"> <li>• Post-release mentoring</li> <li>• My Brother's Keeper</li> </ul>
<ul style="list-style-type: none"> <li>• High School Graduation Ceremony</li> </ul>	<ul style="list-style-type: none"> <li>• CTE Certificate Completion Ceremony</li> </ul>	<ul style="list-style-type: none"> <li>• AA Degree Ceremony</li> <li>• Bachelor's Degree Ceremony</li> </ul>



## **Adolescent Healthy Development Services and Programs**

### VOYA Individual Rehabilitation Plan Program (IRP)

Each youth will be enrolled in a VOYA IRP program. The purpose of this program is to develop a youth's individual rehabilitation plan. Through this program, youth will undergo a comprehensive assessment of mental health, substance use, educational, criminogenic risk needs, medical, family, housing, and treatment needs. Through a MDT process that includes the youth, an individualized treatment plan is developed and submitted to the court. Further assessments and development of this plan is reviewed every six months with the youth and their family. Through this program, the youth remains engaged in their own adolescent development and re-entry process.

### Support Coordinator

Each youth will be assigned a Support Coordinator. The role of this coordinator will be to facilitate the Individual Rehabilitation Plan and the MDT process. The Support Coordinator will initiate a minimum of a MDT for the 6 month reviews mandated under statute.

### Journaling Program

Each youth will be offered a journaling program while at VOYA to work towards self-reflection, goals, and a re-entry plan.

### Chaplaincy - Juvenile Justice

Chaplaincy volunteers provide non-denominational chaplaincy services.

### Community Based Organizations and Member Services

Community members provide emotional support and connection for youth while at VOYA and during the re-entry community setting, in the least restrictive non-residential community setting. Community members can enhance services for youth with a permanent support system within their own community that support youth through a community lens.

### Parent Orientation Night Service

Parent Orientation Night occurs every third Thursday from 5:30pm – 7:30pm in the Youth Detention Facility Visitor's Center (paused due to pandemic). The event provides opportunities for parents and guardians to learn about the services and programming their child will receive while in Probation's care. Further, stakeholder representatives are available to answer questions and provide community resources to parents to assist in their child's successful reintegration back into the community.

### Probation Officers

YDF Probation Officers (in-custody) provide case management and supervision for youth who reside in the VOYA unit. Re-entry Probation Officers (in the community) provides accountability, supervision, and opportunity, connecting youth to community services and support during their transition into the community. As part of the academy training, prior to working with youth, all probation officers receive 320 hours of training, to include cultural competency and LGBTQIA. Additional training above the Standards of Training for Corrections requirements will be evaluated and funding recommended, if necessary and supported.

### Re-Entry Team

At the point of a VOYA commitment, a re-entry team comprised of multi-disciplinary partners, community members, the youth, the youth's family, YDF and re-entry Probation Officers work collaboratively supporting the youth while at VOYA and upon re-entry into the community. The team works together in developing a Community Based Re-entry plan to include supportive community services and partners.



### Youth Advocates/Credible Messenger Service

Youth Advocates assist in developing and facilitating programs for youth that initiate the rehabilitative process and promote social awareness. Youth Advocates provide a liaison service between the youth the Probation Department and / or other departments operating within the YDF by representing the welfare and best interest of the youth. Youth Advocates ensure essential and mandated services are provided to youth in a timely, unbiased, consistent and effective manner; assist with coordination and implementation of changes to programs or service needs; assist with mediation and resolution of peer conflicts; and assist with coordination of resources for youth who have difficulty during their stay at YDF.

### Visiting Center

Opened in 2005, a dedicated Visitor's Center is open 7 days / week. Staffed by Probation Officers and Assistant Probation Officers, visits occur anytime during the Visitor Center's operational hours of 8:00am-8:00pm. Families may bring personal items for youth which are identified on the public webpage. Visitors may also purchase items from vending machines for youth to eat during their visit.

### Defense Attorneys

All VOYA youth will be assigned a Defense attorney to represent them during their VOYA commitment. Defense Attorney's will meet with the youth, participate when requested in the MDT process, and file appropriate motions upon request from the youth.

### Volunteers

The Youth Detention Facility continuously seeks volunteers 21 years of age and older to positively impact youth in custody. Volunteers who have a special skill set or talent are encouraged to contact the volunteer program coordinator. Volunteers are a valuable resource and can be involved in recreational activities, tutoring, diversion programs, chaplaincy, and/or just be there to listen. Information on how to become a volunteer is posted on the department's webpage under Youth Detention Facility.

### Tribal Advocates

Youth will be provided tribal advocates if they request one.

### Social-Emotional Learning Specialist

Sacramento will provide a social-emotional learning specialist to youth who need support on developing social and emotional skills and behaviors that they may not have learned yet.

### Tutoring Service

If youth are struggling with academics, tutoring services will be provided if the youth chooses to seek help.

### Peer-Relations Program

Youth will be provided an intensive gang intervention program based on cognitive behavioral health, motivational interviewing, and social learning philosophies aimed at reducing resistance to behavioral change and decrease antisocial behaviors.

### Empowerment Mentor Program

Provide an opportunity to participate in an empowerment program designed to lift youth's confidence and build a sense of identity and strength. VOYA youth may be partnered with other youth through a peer support model. This model allows the youth to gain support from other peers that are also going through or have finished the VOYA program.

### Boys and Girls Club\*

In 2014, Boys and Girls Club opened within YDF and is only one (1) of five (5) clubs inside the walls of a detention facility within the state. Studies have shown Boys & Girls Club programs in youth detention facilities can be linked to a reduction of serious incidents within the facility, as well as a reduction in



recidivism rates. YDF Club staff work closely with probation officers to ensure the safety of residents, and to ensure the program offers opportunities for personal growth and development. Youth who participate in the Boys & Girls Club set and reach goals and engage in positive, pro-social activities that promote respect, creativity, and education.

#### Garden

The Garden Program teaches youth about germination, composting, seasonal planting, harvesting skills, and healthy eating habits. Youth are able to enjoy salads from the produce they harvest.

#### Leadership, Education & Athletic Program (LEAP)

LEAP emphasizes teamwork, and challenges residents both physically and mentally.

#### Library

Located within an unoccupied housing unit in YDF, the library has over 11,000 books and promotes reading, improved literacy, and provides youth with resources to help them prepare for the transition back into their communities. Most of the books are donated or purchased through grant funds. All youth leave the facility with a Sacramento City Library card. The library creates an atmosphere of learning, education, and creativity.

#### Parenting Visitation - Just Beginnings

Just Beginnings is a media based parenting visitation program offered to youth in custody who are parents. It is designed to foster the connection between young parents and their children during incarceration. The primary goal of the program is to improve the quality of the parent/child interaction, and to foster a continued relationship during and after their release.

#### Pool

Designated Probation Officers provide swim lessons to youth during summer months. Designated Probation Officers receive training to become lifeguards. The swim program is an opportunity for exercise and promotes positive social engagement. It builds confidence and increases water safety skills, which can prevent drownings and water-related accidents.

#### Skills Training Enrichment Program (STEP)

STEP is a multi-disciplinary youth program encompassing education, mental health, recreational therapy and physical fitness to build the youths' skills and improve their behavior. Program components include individual and group therapeutic activities that encourages pro-social behavior. Probation staff supervises and facilitates the STEP program with support and programming for mental health, recreational therapy, athletics, and the garden.

#### Sport Competitions

Youth showcase their athletic abilities by participating in various sport competitions. The youth learn sportsmanship and teamwork while participating in friendly competitions. Sport competitions include, but are not limited to, 5 on 5 basketball, flag football, running relays and individual sports, swimming relays and individual swim competitions, and weight lifting.



## 6 Family Engagement – Welfare and Institutions Code Section 1995(c)(3)(C)

**Describe how the County plans to apply grant funds to address family engagement in programs.**

The Valley Oak Youth Academy is an opportunity to embrace our local justice-involved youth by collaborating with family, evidence based organizations, and justice partners for positive outcomes. While addressing public safety, VOYA also aims to empower, support and improve family relationships and services. Family participation is not limited to biological parents but can extend to non-related support persons/caregiver, spouses, and children. The JJCC subcommittee developed a framework that supports partnership with family input at every step in the program planning related to the youth. This plan also includes a partnership with community members, justice involved youth, and other supports for successful re-entry back into the community. Upon a study of our current youth at DJJ, Sacramento recognizes that family engagement and therapy must be a funding priority. Data revealed of the DJJ cases, 31% have had at least one out of home placement, 47% had multiple out of home placements, 64% had CPS referrals, and 40% lived with their mother prior to their detention. Sacramento County intends to use grant funds to address family engagement in programs. Below is a chart on how Sacramento intends to allocate grant funds towards family engagement and a brief description of the family engagement component of our plan.

Block Grant Need	Use of Funds	Allocation of Funds
Family Therapy	Hire county clinical licensed professionals to deliver mental health and substance use treatment to youth committed to VOYA	Senior Mental Health Clinicians.
Family Visitation	Probation officers will supervise family visits to support family engagement.	Probation Officers to monitor visitation.
Family Engagement Nights	Funding will be set aside to provide family engagement nights for youth and their family committed to VOYA.	Funding set side to support the purchase of food, beverages, games, prizes, and activities.

To address family engagement in programs, Sacramento County has developed the following family engagement programs:

### Multidimensional Family Therapy (MDFT)

Family therapy will be offered to youth and family in order to improve family dynamics and ensure a smooth transition upon release from custody.

### Family nights

Sacramento County plans to use funds to provide food for families during “Family Nights” where families get an opportunity to interact, obtain support, and ask questions about the program.

### Just Beginnings

A program offered to youth in custody who are parents. This is a media based parenting visitation program designed to foster the connection between young parents and their children during incarceration. The primary goal of the program is to improve the quality of the parent/child interaction, and to foster a continued relationship during and after their release.

### Family Visitation

Family engagement will be supported by offering families the opportunity to visit during visiting hours.



## 7 Reentry – Employment, Housing, and Continuing Education – Welfare and Institutions Code Section (c)(3)(D)

***Describe how the County plans to apply grant funds to address reentry, including planning and linkages to support employment, housing and continuing education.***

The County intends to apply grant funds in order to address reentry, including planning and linkages to support employment, housing and continuing education. After studying the data regarding our current youth at DJJ, Sacramento recognized that our youth will need significant re-entry support and this area must be a priority of funding. Specifically, Sacramento recognizes our youth may need housing, funding for re-entry, and a supportive re-entry team. Below is a chart on how Sacramento intends to allocate grants funds for re-entry purposes and an overview of the Re-entry program, linkage to employment, housing, and continuing education.

Block Grant Need	Use of Funds	Allocation of Funds
Re-Entry Team	Hire Support Coordinator, Community Advocate, and Probation Officer to be part of the youth’s re-entry team to support with linkage to housing, employment, and services.	Community Based Organization, Probation Department, Support Coordinator (TBD)
Probation Supervision in the community	Probation officers will supervise youth in the community.	Probation Department
Education Facilitator	Funding will be set aside to provide youth with an education facilitator to ensure linkage to continued education, vocation, and job opportunities.	Sacramento County Office of Education.
Housing and Supportive Services	Funding will be set aside to support costs of housing and providing youth with necessary essentials upon re-entry into the community.	Funding for housing (emergency and long term), clothing, transportation, cell phones, and/or other essential support.
Incentive Funding	Funding will be set aside so that youth can work towards incentives.	Funding for items the youth may need upon discharge; such as, chrome book, work shoes, clothing, and cell phones.

### Overview of Re-Entry Program

#### Start of the Re-Entry Process

For youth committed to VOYA, re-entry starts at the time the youth is committed to VOYA. At the time the youth is committed to VOYA, a comprehensive assessment is completed evaluating the youth’s needs for: mental health, medical, education, family support, substance use, community support, housing, criminogenic risk needs, and the youth’s identified goals. Once this comprehensive assessment is completed, a Support Coordinator will facilitate an MDT in order to develop an individual rehabilitation plan (IRP). The purpose of the VOYA commitment is to develop an individual rehabilitation plan to ensure the youth leaves VOYA with the skills and resources needed to not reoffend, make a smooth transition into the community, and pursue their life goals. This rehabilitation plan will be reviewed at a minimum of every 6 months to ensure that progress is being made towards rehabilitation. Members of the initial IRP MDT team and on-going six-month evaluation MDT team will include:

- Support Coordinator
- Community Advocate/Credible Messenger
- Probation Officer
- Educational/Employment Transition Support Facilitator



- Department of Behavioral Health Clinician
- Any family support
- The youth
- Defense Council or District Attorney when requested

### Re-Entry Team

Each youth in VOYA will have a dedicated Re-Entry Team. This Team will include their Support Coordinator, Probation Officer, and Community Advocate/Credible Messenger. Together, this team will support the youth throughout their entire commitment in VOYA through post-discharge. This team will focus on: 1) continual comprehensive assessment of the youth's strengths, needs, and IRP, 2) Community-based service support and connection, 3) Family engagement, 4) Employment Linkage, 5) Housing Linkage, 6) Education Linkage, and 7) any other transition support including clothing, transportation, and continued mental health and/or substance use needs.

### Preparing Youth for Re-Entry

Sacramento County intends to support youth towards transitioning into the community through a variety of step-down programs. These options may include:

- Mentorship
- Work Release/Community Service
- Integration to general housing unit programs
- Non-residential Community Based Program
- Incentive Program: Youth can earn funds towards items they need upon discharge
- Work Furlough
- Passes

### VOYA Probation Supervision Upon Re-Entry

VOYA Re-Entry Officers provide field supervision once the youth returns to the community. This is a key component of the process. The Officers assist with the implementation of the youth's re-entry plan and guide any decisions to adjust it. VOYA Re-Entry Officers continue to collaborate with Re-Entry partners to help the youth overcome any obstacles that arise.

### **Re-Entry Housing**

Sacramento County recognizes that youth leaving VOYA will need to have secured housing. Secured housing for youth exiting their commitment at VOYA will be founded in efforts to:

- Link the youth to family
- Utilize state and county housing initiatives
- Explore renting bed space or buying housing to secure permanent supportive housing for our youth
- Temporary housing vouchers
- Funding set aside for housing needs and other supportive services

### **Re-Entry Employment**

While the youth is committed to VOYA, youth will be given the opportunity to engage in vocational trainings that will provide them skills sets to gain employment upon exiting VOYA. An employment transitional worker through SETA will come into VOYA to meet with the youth and help connect youth to employment. VOYA will also hold job fairs and work with employers who are willing to employ a juvenile with a delinquency record. All efforts from the youth's re-entry team will be made to ensure employment opportunities upon discharge of VOYA. Youth will also be eligible for a work furlough program and passes.





## **Re-Entry Continuing Education**

Each youth will be given an educational transition facilitator. The role of this facilitator is to review the youth's academic standing and help link, coordinate, and facilitate the youth's admission into further continuing education or vocational opportunities. This facilitator will remain with the youth until there is a warm hand off into the community.

## **Other Community Re-Entry Services**

In addition to housing, employment, and education, VOYA is committed to provide the youth with as many re-entry services and support available upon discharge. These additional supports include:

### The Alternatives to Violence (ATV) program

Provides a curriculum offering youth a new perspective on life to foster mindset change from a fixed to a growth mindset and to cultivate hope that keeps moving forward, regardless of the adversity. ATV equips participants with tools needed to peacefully resolve conflicts inside and outside the detention center and utilizes Alternatives to Violence strategies to facilitate meaningful discussion.

### Anti-Recidivism Coalition (ARC)

The mission of ARC is to change lives and create safe, healthy communities by providing a support and advocacy network for, and comprised of, formerly incarcerated men and women. ARC serves more than 300 formerly incarcerated men and women committed to living a crime, gang and drug-free life. Members are enrolled in school, work or are actively seeking employment and are of service to their community and the ARC network. To help members transition back into society, ARC provides counseling, case management, mentorship, supportive housing, employment and education assistance.

### Black Child Legacy Campaign (BCLC)

Re-Entry youth who are living within one of the seven community incubator leads (CIL) are referred to BCLC to receive assistance in identifying unmet needs/gaps in services (shelter, food, health care) and view, assess, and serve families in a holistic manner, which identifies their strengths and empowers them to work together towards greater safety, self-sufficiency, independence and improved physical and mental health. Deputy Probation Officers are embedded in the CIL-MDT community sites and collaborate with each incubator site to provide support, supervision and resources to youth participating in BCLC's prevention and intervention efforts.

Seven Community Incubator Leads:

1. Arden Arcade---Mutual Assistance Network
2. Del Paso Heights---Roberts Family Development Center
3. Fruitridge/Stockton---Building Healthy Communities (HUB)
4. Meadowview---Rose Family Creative Empowerment Center
5. North Highlands/Foot Hill Farms---Liberty Towers
6. Oak Park---Greater Sacramento Urban League
7. Valley Hi---South Sacramento Christian Center

### Burning Bush Moments

Specifically designed for at-risk male youth, with focus on redirection of life choices through advocacy, reeducation and one-on-one mentoring.

### Eligibility Specialist – Department of Human Assistance

When returning to the community, Re-Entry clients are often unaware of their existing health insurance status, eligibility for general assistance and/or other government-assisted programs. Re-Entry officers ensure the connection between the client and the eligibility specialist located within the adult probation



office. The Re-Entry officer contacts the eligibility specialist or medical nurse representative to receive approval and help facilitate an appointment for the client either in-person or telephonically.

#### Gang Awareness & Prevention (G.A.P.)

Dedicated to helping at-risk youth in the Sacramento area escape violence, crime, and desperation found in their relationships and neighborhoods. GAP offers assistance to parents and guardians, and aims to find alternatives for youth to keep them from recidivating.

#### Northern California Construction Training (NCCT)

The NCCT program is offered to the Re-Entry youth prior to their release from custody. The dynamic of in-custody connections assists further connectivity once released. The entry level training is provided in multiple disciplines including: carpentry, plumbing, heating and air conditioning, electrician and welding programs. Re-Entry youth may attend class in-custody while in the VOYA program and transition into the community-based NCCT program upon their release. Youth who attend NCCT may become members of various labor unions and learn lifelong skills leading to sustainable career opportunities. Re-Entry officers work with the VOYA officers to assist in referral and participation in the NCCT program.

#### Registered Nurse - Department of Health and Human Services

Re-Entry clients who have questions related to their health and/or other specific care needs are referred to our Registered Nurse (RN) located within Probation's office at 8745 Folsom Blvd. Re-Entry officers work to ensure connections are made between the RN and youth either in-person or telephonically.

#### Sex Offender Therapeutic Services

Re-Entry youth who did not complete their Juvenile Sex Offender counseling while at DJJ or VOYA will be referred to an approved contracted provider (currently HOPE Therapeutic Services who work with the adult population of 290 PC registrants and DJJ population Re-Entry youth). The contractor provides therapists who are specialized to counsel both adult and youth sex offenders in the community.

Other specialized therapeutic services are determined based on individual needs of each youth.

#### Transitional Specialist - Sacramento County Office of Education

The Sacramento County Office of Education currently provides a transition specialist who helps ensure each re-entry youth has a clear pathway to make their educational transition as seamless as possible. The specialist safeguards every youth who leaves the facility with a library card, proper identification card, Social Security card, or other necessary documents. They also partner with Los Rios College District, as well as Lassen, Folsom Lake, and Lake Tahoe Community colleges which provide on-line courses.

#### Wind Youth Services, (Wind)

Re-Entry youth who are at risk of being homeless upon release from custody can be referred to the Wind Youth Services program. Wind is located in downtown Sacramento and offers transitional age youth emergency housing and assistance with employment throughout the day. Once the referral process is completed by the Re-Entry officers, the youth is checked in at the main Wind office. If the youth needs continued housing, two additional housing options for placement are considered. Each location is staffed with housing managers and Wind youth services staff to ensure a safe and efficient living situation for all the youth. Re-Entry officers routinely transport and make house visits to the locations in order to meet with the youth and staff members. During daytime hours, the youth are expected to seek employment outside the housing unit or work on educational advancement. If a youth is employed, the staff will assist in maintaining employment and are taught financial responsibility.



## 8 Trauma Informed and Culturally Responsive Services

### WIC(c)(3)(E)

***Describe how the County plans to apply grant funds to address evidence-based, promising, trauma-informed and culturally responsive services.***

Sacramento County plans to apply grant funds to address evidence-based, promising, trauma informed and culturally responsive services by paying for mandatory training for staff and partners regarding trauma informed and culturally responsive care. Upon review of the data, Sacramento County recognizes that 85% of our youth are Black/African/American/Hispanic/Latinx and there is a need to be trained in trauma informed and culturally responsive services and deliver appropriate trauma informed and culturally responsive services. Below is a chart on how Sacramento intends to allocate grants funds trauma informed and culturally responsive purposes and an overview of our plan to ensure these services are provided.

Block Grant Need	Use of Funds	Allocation of Funds
Credible Messenger	Hire members of the community to serve as credible messengers when delivering trauma informed and culturally responsive services to the youth at VOYA.	Community Advocates to serve as Credible Messengers with youth.
Community Advocate	Hire members of the community to serve as community advocates when delivering trauma informed and culturally responsive services to the youth at VOYA	Community Based Organizations to serve as Community Advocates.
Peer-Relations, empowerment, and rehabilitation	Community Based Organization to deliver culturally responsive services surrounding peer relations, empowerment, and rehabilitation.	Community Based Organizations to support community groups.
Training	Funding will be set aside to provide youth with an education facilitator to ensure linkage to continued education, vocation, and job opportunities.	All justice partners and community based organizations involved with delivery of services.

#### **Credible Messengers**

Credible Messengers will be hired to ensure that the delivery of services at VOYA are trauma informed and culturally competent. Credible Messengers will be used with the delivery of mental health services, substance abuse, and family engagement.

#### **Peer-Relations Group**

Peer-Relations Group will be available for youth who have prior gang history or issues in their background with creating positive peer relationships. This group will be trauma informed and also culturally competent in order to deliver services that youth will relate to and move towards a rehabilitative process.

#### **Community Advocate**

Sacramento County recognizes that 85% of our youth are either African American/Black or Hispanic. This data requires that our programs encompass individuals that will be culturally competent and supportive when delivering services to our youth. Through the use of the Community Advocates, Sacramento intends to assign members of the community that can meet this need.



## Training

All YDF staff participate in continuous training to equip them with the necessary tools to address evidence-based, promising, trauma-informed and culturally responsive services to the target population. Some of the training received by Probation staff is listed below.

### Prison Rape Elimination Act - PREA

All staff, volunteers and residents in the YDF must adhere to PREA guidelines. The Sacramento County Probation Department is committed to providing a safe, humane, secure environment, free from sexual misconduct. There is zero tolerance for sexual misconduct in the Youth Detention Facility. All sexual misconduct is strictly prohibited.

### LGBTQI Training

The YDF provides all staff training in lesbian, gay, bisexual, transgender, questioning, and intersex (LGBTQI) community/culture to ensure fairness and respect for LGBTQI youth in the facility. The training addresses the following: creating an environment of sensitivity and professional boundaries for all youth and especially towards LGBTQI youth (harm reduction), discussing the experiences and the challenges of LGBTQI youth and promoting competency in working with LGBTQI youth. Additionally, this training will include identification and training on Two Spirits.

### Academy Training

All new employees receive 320 hours training prior to commencing employment in the facility. Training includes:

- PC 832 – Laws of Arrest, Search and Seizure
- Evidence based motivational interviewing techniques
- Juvenile Correction Officer Core (JCO Core)
- Evidence based motivational interviewing techniques
- Trauma Informed Care provided by UC Davis CAARES
- Culture Diversity/Implicit Bias Training
- De-escalation Techniques
- Mental Health/Suicide Education
- Professionalism/Ethics

In addition to the extensive training, the YDF will continue collaborating with justice partners and Juvenile Court. Keeping collaborative partners informed of the broad range of services afforded to the target population in our facility is the primary goal.



## 9 Services and Programs: Community-Based Providers – WIC

### (c)(3)(F)

**Describe whether and how the County plans to apply grant funds to include services or programs for the target population that are provided by nongovernmental or community-based providers.**

Sacramento County intends to apply grant funds to contract with community-based providers to support community advocates/intervention workers. YDF currently utilizes an array of nongovernmental and community-based providers to further support youth in custody. Sacramento County recognizes that funding community services and program is essential. Upon review of our DJJ youth, we recognize that at least 42% of our youth last lived in South Sacramento and the remaining youth came from all of the Sacramento Region. Hence, we will need paid community advocates to help support youth, provide groups, deliver mental health support, and be credible messengers from within our own community. Below is a chart on how Sacramento intends to allocate grant funds to community-based providers and an overview of our plan to ensure these services are provided.

Block Grant Need	Use of Funds	Allocation of Funds
Credible Messenger	Hire members of the community to serve as Credible Messengers when delivering trauma informed and culturally responsive services to the youth at VOYA.	Community Advocates to serve as Credible Messengers with youth
Community Advocate	Hire members of the community to serve as Community Advocates when delivering trauma informed and culturally responsive services to the youth at VOYA	Community Based Organizations to serve as Community Advocates
Peer-Relations Group, empowerment, and rehabilitation	Community Based Organization to deliver culturally responsive services surrounding peer relations, empowerment, and rehabilitation.	Community Based Organizations to support community groups
Mental Health	Sacramento County intends to bring into VOYA mental health providers that are community based to provide groups.	Community Based Organizations to support delivery of mental health groups and therapy.

#### Alternatives to Violence (ATV)

ATV curriculum is provided to residents as part of a collaboration with the Health Education Council and the Sacramento Minority Youth Violence Prevention Collective to link law enforcement, public health and community organizations to reduce minority youth violence in and out of custody.

#### The Beat Within\*

Provides literacy workshop program for youth with consistent opportunities to share their ideas and life experiences in a safe space that encourages literacy, self-expression, some critical thinking skills, and healthy, supportive relationships with adults and their community.

#### Bridge Network

Goal is bridging people and the needs of at-risk and vulnerable youth and their families together with community partners to promote better outcomes by developing and modeling healthy relationships.

#### Boys and Girls Club\*

In 2014, Boys and Girls Club opened within YDF and is only one of five inside the walls of a detention facility within the state. Studies have shown Boys & Girls Club programs in youth detention facilities can be linked to a reduction of serious incidents within the facility, as well as a reduction in recidivism rates. YDF



Club staff work closely with probation officers to ensure the safety of residents, and to ensure the program offers opportunities for personal growth and development.

#### Burning Bush Moments

Founded on the principle that there is a greater purpose and strength in all of us. Their goal is to intervene on behalf of our youth to help build character, influence behavioral changes, and assist in their developing a sense of what that life path might be.

#### Conflict Resolution\*

Provides services to the YDF residents that include techniques for conflict resolution and violence prevention via the Alternatives to Violence curriculum. Program components include examining ways to handle conflict appropriately, discussing awareness and acknowledgment of violence prevention, and developing resolutions using goal setting and identifying solutions to potential roadblocks.

#### Contract for Success

A program that consists of attorneys and judges donating their time to positively influence residents and provides youth a chance to talk to attorneys and judges outside of the courtroom, which is a new experience. Speakers share their struggles to demonstrate how we learn from our mistakes.

#### Foster Grandparents

Volunteers who come into the facility and work in the unit to socialize and provide mentorship with residents. They conduct book clubs, one-on-one visits, and play games.

#### Gang Awareness & Prevention (G.A.P.)

Dedicated to helping at-risk youth in the Sacramento area escape violence, crime, and desperation found in their relationships and neighborhoods. They offer help to parents and guardians and find alternatives for children to keep them from getting into trouble. These are taught by those who have learned the hard way how to make the right choices. G.A.P. provides alternatives to finding trouble by reaching the youth on the 'outs'. They have a team of men and women who counsel youth in changing their destructive lifestyle, as well as helping them grow spiritually.

#### Gun Information for Teens (G.I.F.T.)

A monthly presentation conducted by the District Attorney, Public Defender, and Probation. The goal is to inform youth that there are consequences to committing a crime with a gun or assisting someone who commits a crime with a gun. It is an opportunity to educate the youth instead of them educating themselves with the wrong information in regards to gun crimes.

#### Northern California Construction Training (NCCT)\*

Prepares youth for careers in construction with practical applications. A credentialed, experienced teacher provided by Sacramento County Office of Education teaches job safety, industry terminology, reading blueprints. Upon release, youth can transition to the NCCT program, which also operates in the community.

#### Teach 1 Reach 1

The main purpose of this program is to reach the more challenging youth in the YDF, with the vision to provide a therapeutic learning environment with learning activities that respond to youth's unique needs. The program aims to enhance and maximize their potentials for growth and productivity while at YDF and in the community.

#### Yoga Certified instructor

Weekly classes are held for YDF residents. These classes help residents create strength, awareness, and harmony in both the mind and body.



YMCA

Provides swim instruction to youths during summer months

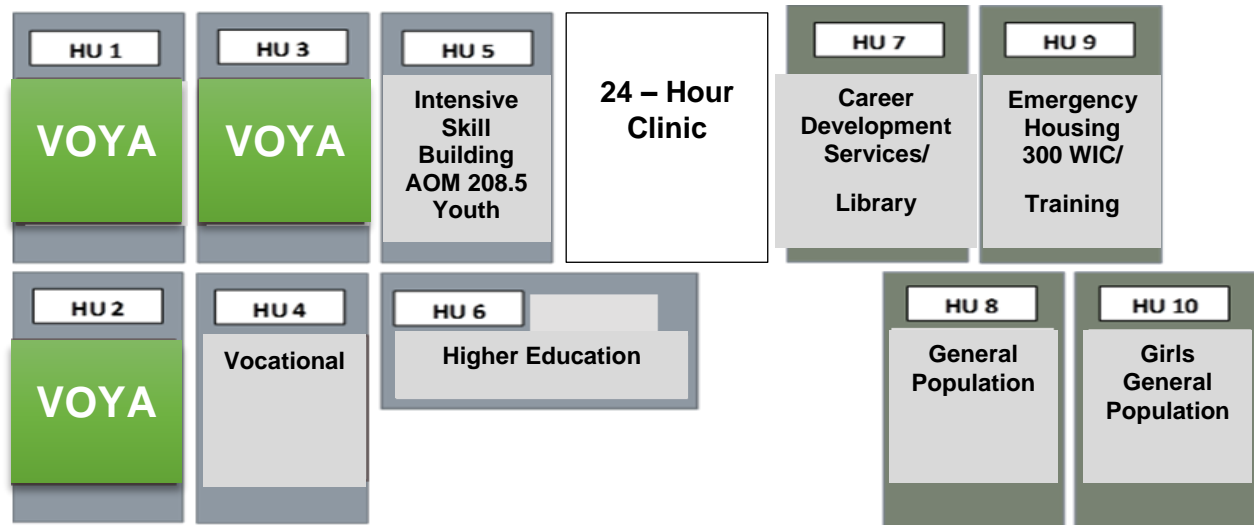
916 INK writing program

Allows youth to explore their thoughts, feelings and inspirations. 916 INK transform everyday youth into published authors by inspiring youth to write stories, essays, and poems for publication in beautiful books. 916 INK is dedicated to promoting youth development and health by empowering residents to engage in literacy arts.

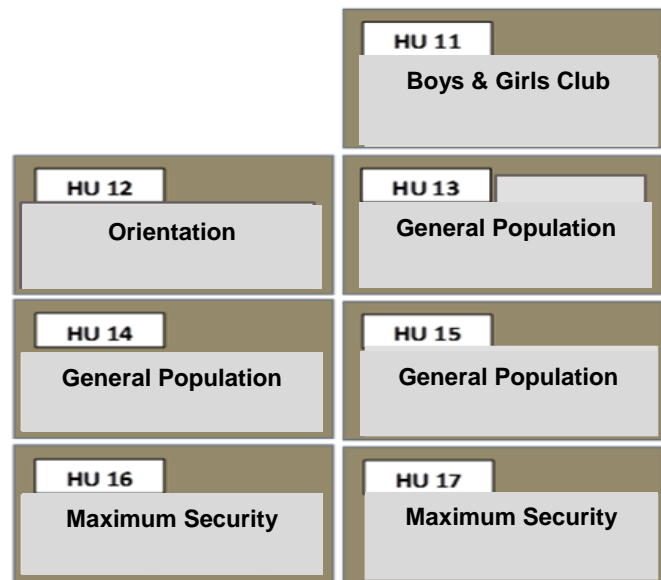


## 10 Facility Plan – WIC(c)(4)

*Describe in detail which facilities will be used to house or confine realigned youth at varying levels of offense severity and treatment need, and improvements to accommodate long-term commitments. Facility information shall also include information on how the facilities will ensure the safety and protection of youth having different ages, genders, special needs, and other relevant characteristics.*



### Youth Detention Facility Housing Unit Breakdown



YDF Housing Breakdown





Probation is using one (1) vacant single-tiered housing unit for the male VOYA population. As of November 2021, there are seven (7) youth in the VOYA unit. Housing units are self-contained, including classrooms, day space, dining tables and showers. The maximum capacity for these specified units in which each room has its own sink and toilet is 42 youth. The location of these units is optimal, as they are closer to the 24-hour clinic, vocational units, and higher educational programs. The identified units also have a larger day space for programming needs and a connected and enclosed outdoor area for recreation.

Probation Officers properly classify the VOYA population, taking into account risk assessments and other potential identifiers. All VOYA youth will be housed together, and officers selected to supervise this population will receive additional training. A Deputy Probation Officer (DPO) is the assigned caseworker for each unit.

The VOYA youth are distinguished from the general population residents by clothing color and housing location. Both staff and youth are oriented with the program to ensure knowledge of the program guidelines and processes.

Recently, the YDF applied and was awarded funding from the Regional Youth Programs and Facilities Grant that will enable significant upgrades to the outdoor athletic field to include a track. The upgrade will incorporate an athletic program to teach youth the importance of physical health and provide additional physical outdoor activity and wellness.

Future commitments to VOYA will increase the population, thereby the need for additional VOYA housing units, identified as Housing Unit 1 and 3. Further, if youth currently at DJJ are returned to local custody in July 2023, it is anticipated up to five (5) housing units may be required to house them. This will require repurposing housing units for the VOYA population.



## 11 Retaining The Realigned Youth Within The Jurisdiction – WIC Sections 1995(c)(5)

***Describe how the plan will incentivize or facilitate the retention of realigned youth within the jurisdiction and rehabilitative foundation of the juvenile justice system, in lieu of transfer to the adult criminal justice system.***

Sacramento County's JJCCSC plan will incentivize or facilitate the retention of realigned youth within the jurisdiction and rehabilitative foundation of the juvenile justice system by providing a strong rehabilitation program that offers our youth new opportunities not otherwise provided by our current juvenile justice system. This includes: 1) development of individual rehabilitation plans through a MDT approach; 2) the creation of a non-residential community based team and program; 3) robust, need-trauma-evidenced-based treatment program(s) focused on rehabilitation; 4) new step-down approaches to incentivize youth participating in treatment and services; 5) continuing education in staff training; and 6) a dedicated JJCCSC who will continue to meet, advise, and evaluate the data of our program through the use of both qualitative and quantitative data.

### Development of Individual Rehabilitation Plans through a MDT Approach

Sacramento County recognizes that caring, supporting, and treating youth with some of the greatest criminogenic factors and needs require a team approach in developing a youth's IRP. Sacramento is dedicated to developing the youth's IRP by identifying their needs and then bringing in all partners, youth, youth family and community to the table to develop a comprehensive and measurable plan.

### Creation of a Re-Entry Team and Non-Residential Community Based Program (NRCBP)

Sacramento County currently has a great re-entry program through their Youth Detention Facility called Redy-Go!. However, JJCCSC recognizes that this target population needs a different approach to re-entry. As such, JJCCSC wants to build off Probation's Redy-Go! and create a Re-entry Team incorporating a Support Coordinator, dedicated Community Advocate/Intervention Worker, and a probation officer who will immediately start working with the youth towards the development of a NRCBP. This NRCB will support youth at all levels of re-entry, provide case management within the community, provide support and linkage to services while living in the community, facilitate and support family dynamics upon re-entering, and ensure the youth is following all probations terms and conditions while out on supervision.

### Provide Robust, Need-Trauma-Evidenced-Based Treatment Program(s) Focused on Rehabilitation

VOYA will provide new, robust, need-trauma-evidenced-based treatment programs that focus on rehabilitation. These services and treatments will ensure that the youth will remain in the juvenile halls of justice and not be transferred to our adult system.

### New Step-down Approaches to Incentivize Participating Youth Participating in Treatment and Services

VOYA will introduce new step-down approaches to incentivize youth participating in treatment and services. These incentives will help motivate youth to participate in their rehabilitation plan in order to discharge to the community sooner.

### Continuing Education

All justice partners will continue to be trained on trauma informed care, implicit bias, adolescent development, and conflict resolution. This continual training will facilitate the retention of our realigned youth.



## 12 Regional Efforts – Welfare and Institutions Code Section 1995

### (c)(6)

***Describe any regional agreements or arrangements supported by the County's block grant allocation.***

Our current county projections indicate the YDF would be close to 75 youth for the target population by June 2023. This number takes into consideration future commitments to VOYA and the returning population from DJJ when it closes its doors. Due to the extensive number of commitments to Sacramento requiring up to five (5) housing units, Sacramento does not have any regional agreements with neighboring counties to house their youth. Regional agreements will need further discussion regarding the potential impact to current programming capacity and treatment needs.

At this time, the County does not plan to secure resources to address the needs of the following commitments:

- Youth with **acute** psychiatric symptoms and mental health needs as committed youth would not benefit from the YDF programming due to specific treatment needs in these areas.
- Females: A review of prior female DJJ commitment trends does not support the creation of gender-specific programming in Sacramento County. Current local statistics indicate a female has not been committed to DJJ in over six years. Were this trend to change, any female DJJ commitment would be housed with the rest of the female general population within YDF. The general population of females typically presents as much younger, less sophisticated and could be manipulated by the older female(s). The DJJ female(s) would require access to the same programs as the male population and would need to be included into the programs with the males or a separate program would be required for a small female population.

Regional discussions with other counties may have to be explored to house the above-mentioned youth to ensure they receive the proper treatment and programming necessary for their specific needs should one be committed to VOYA program.



### 13 Data – Welfare and Institutions Code Section 1995 (c)(7)

***Describe how data will be collected on the youth served and outcomes for youth served by the block grant program, including a description the outcome measures that will be utilized to measure or determine the results of programs and interventions supported by block grant funds.***

Outcome measures are a system-wide effort and require all agencies and providers directly involved with individuals to proactively work in conjunction with one another to create measureable and meaningful data points that will continually inform programmatic and systemic changes with the realignment population. The purpose of collecting and reviewing all data is to evaluate the impact VOYA has on the youth's rehabilitation, recidivism, and public safety. Data points may include youth development and wellness data including, but not limited to, education attainment, employment, mental health, housing, family connections, foster care, and other wellness outcomes.

The Sacramento County Probation Department has an internal robust data collection system supported by Department of Technology. Our existing applications, which are utilized in conjunction with one another to provide a full case management system, include but are not limited to the following:

- Juvenile Probation Information Program (JPIP),
- Booking Intake Classification System (BICS),
- Juvenile Arrest Record System (JARS),
- Youth Level of Service/Case Management Inventory (YLS CMI)(LS CMI),
- Programs 2.0, and
- Power BI

These applications allow a comprehensive look at a case from intake/citation to commitment and beyond. Basic demographics, intake and charge information, will be held within our JPIP, BICS and JARS applications. Each client will undergo various assessments during their stay at the YDF. Probation utilizes the YLS CMI/LS CMI to determine the risk and needs of individuals. Probation will utilize the findings from these assessments to inform proper delivery of programming and services to address the risks/needs of each individual. The Programs 2.0 application allows us to track all VOYA specific data points, including but not limited to the following:

- Maximum Confinement Date
- Commitment Date
- VOYA Start Date and End Date
- VOYA Level System
- 30 Day Individual Rehabilitation Plan
- 6 Month Review
- Multi-Disciplinary Team Meeting Dates
- Progress Report Dates
- Commitment Source – DJJ, Court Order, YDF, other counties
- Closure Reasons
- Courses taken by client (treatment or services)

Power BI will act as our management reporting tool to track the progress of IRP, as well as providing information for upcoming reviews and court hearings. Other areas of data that will be collected and reviewed include educational, medical, mental health, and Child Protective Services records.



## Outcome Measures

Sacramento County will measure various outcomes of the youth participating in VOYA. These outcome measures will include both qualitative data and quantitative data. Sacramento County intends to use the Support Coordinator position to collect data from various agencies and gather the following outcome measures:

### Quantitative data will include:

Outcome	Outcome Measure	Impact of outcome measure
Impact services and programs had on rehabilitating youth	<ul style="list-style-type: none"> <li>• Number of services offered to youth</li> <li>• Number of programs offered to youth</li> </ul>	<ul style="list-style-type: none"> <li>• Youth's participation in services</li> <li>• Youth's participation in programs</li> </ul>
Impact Treatment had on Rehabilitating Youth	<ul style="list-style-type: none"> <li>• Types of Treatment offered to youth</li> </ul>	<ul style="list-style-type: none"> <li>• Youth's participation in the treatment</li> </ul>
Impact Support Coordinator had on youth's Rehabilitation	<ul style="list-style-type: none"> <li>• Number of touches with youth</li> </ul>	<ul style="list-style-type: none"> <li>• Youth's participation in the treatment</li> </ul>
Impact Community Advocate had on youth's Rehabilitation	<ul style="list-style-type: none"> <li>• Number of touches with youth</li> </ul>	<ul style="list-style-type: none"> <li>• Youth's participation in the treatment</li> </ul>
Impact Education Services had on youth	<ul style="list-style-type: none"> <li>• Achievement level of youth's education at the time of admission</li> <li>• GPA prior to entering into VOYA</li> <li>• Academic status upon entering into VOYA</li> <li>• Level of vocational training, if any, upon entering VOYA</li> <li>• Engagement in Education Transition Specialist</li> </ul>	<ul style="list-style-type: none"> <li>• Youth's achievement level after participation in VOYA</li> <li>• Youth's GPA after participating in VOYA</li> <li>• Youth's level of academic success upon exiting VOYA: GED, Diploma, enrolled in college classes</li> <li>• Achievement in vocational training</li> <li>• Whether youth continued with education post VOYA</li> </ul>
Impact Employment Services had on youth	<ul style="list-style-type: none"> <li>• Youth employment status at VOYA</li> </ul>	<ul style="list-style-type: none"> <li>• Youth's linkage or employment status in VOYA</li> <li>• engagement in YDF work release program</li> </ul>
Impact Housing Services had on youth	<ul style="list-style-type: none"> <li>• Youth housing status prior to VOYA</li> </ul>	<ul style="list-style-type: none"> <li>• Youth linkage to housing post VOYA</li> </ul>



		<ul style="list-style-type: none"> <li>• Temporary housing vouchers</li> <li>• Permanent supportive housing</li> </ul>
Impact VOYA had on recidivism	<ul style="list-style-type: none"> <li>• Number of prior petitions prior to VOYA</li> <li>• Number violations of probation prior to VOYA</li> </ul>	<ul style="list-style-type: none"> <li>• Number of new petitions post-VOYA</li> <li>• Number of new violations of probation post VOYA</li> </ul>
Impact VOYA had on rehabilitation	<ul style="list-style-type: none"> <li>• Length of stay in custody prior to VOYA</li> <li>• Number of youth serving max baseline</li> <li>• Number of youth that had baseline extended for one year</li> <li>• Number of days reduced at 6 month hearings</li> <li>• Baseline risk assessments</li> </ul>	<ul style="list-style-type: none"> <li>• Length of stay at VOYA</li> <li>• Number of youth serving max baseline</li> <li>• Number of youth had baseline extended</li> <li>• Number of days reduced at 6 month hearings</li> <li>• Risk assessments every 6 months</li> </ul>

### Qualitative Data

Sacramento County will collect qualitative data annually. This data will be conducted through surveys to the youth and the youth’s family. Youth will be surveyed regarding this experience at VOYA. The survey will be conducted by Community Intervention Advocates/Intervention Workers.

### **Evaluation of Data**

The purpose of collecting and reviewing all data will be to evaluate the impact VOYA has on the youth’s rehabilitation, recidivism, and public safety. Future funding will be tied to the successes of the impacted youth participants.



## 14 Future Enhancements / Goals

*The following goals / items of discussion are derived from JJCCSC meetings and discussion boards.*

Sacramento County recognizes that absorbing our realigned youth is a huge lift. We also recognize that we need to continue to engage youth, family and community in developing and growing our plan. Below is a list of some suggested recommendations for future enhancements and goals. Our hope is to continue to add to this list and evaluate our program in order to incorporate, learn, and grow.

Recommendation	Discussion	Action
<b>PERSONNEL</b>		
Social Workers, therapy	It is important to have professionals who are not probation staff in the units to de-escalate, mediate, and advocate for young people through difficult situations that arise. A social worker would be able to practice coping skills with the young people and support them in their healing and rehabilitation.	
Non-probation staff in unit	To assist with de-escalation, mediation, and advocate during difficult situations. Probation staff are trained in this area. Other trained non-probation staff are welcomed.	Requires in-kind resources and/or additional funding.
Career Coach / Specialist	Dedicated person for job placement. A career coach could be responsible for developing an interdisciplinary, project based approach, the culinary youth develop a menu, the business youth develop a restaurant plan, the graphic design youth make a logo and the coding youth develop a website.	Requires in-kind resources and/or additional funding
Transitional Specialist	Need to ensure there is funding to support youth re-entry (i.e. housing) upon return to the community. Funding to have dedicated personnel.	Requires in-kind resources and/or additional funding.
<b>EMPLOYMENT / EDUCATION</b>		
Pine Grove Fire Camp	Make this accessible	Governor's FY 21/22 budget supports DJJ's continued operation of the Fire Camp.
Certification Programs	Barber, truck driving, HVAC, electrician – Provide skills while inside so upon release, youth can gain employment	Sacramento County Office of Education will explore
Mobile Welding Lab		Sacramento County Office of Education will explore
Bachelor's Degree	Project Rebuild with California State University Sacramento	Sacramento County Office of Education will explore



Financial Literacy Program	Learn budget, bills, credit, taxes, savings, and investments Is this self-taught curriculum or taught by instructor?	Habitat for Humanity has literacy curriculum; Neighbor Works Sacramento.
Coding / Technology	Partner with Square Root Academy; Amazon AWS program; Salesforce CRM	
Lifeguard training		
Graphic Design	Independent study in conjunction with college courses	
Cosmetology	Partner with BluTruck Cuts	
Social Media	Independent Study in conjunction with college courses	
Engineering	Partner with Green Tech Edu	
Career program guide	Create to aid VOYA in selecting career pathway	
Community service	Practice learned skills, planting trees / community garden, supporting afterschool program	
<b>VOYA PROGRAM / UNIT / FAMILY</b>		
Incentives for programming	Opportunities to reduce time, commissary	
Food Intake	2000 calories is too little for growing adolescents and physical activity. Title 15 regulations are in place at YDF.	Suggested idea be presented to Board of State and Community Corrections during Regulations Revision process.
Step-down program	Identify what options there are for youth to step-down towards re-entry	
<b>RE-ENTRY SUPPORT</b>		
Wrap Around Family Support	Support for families while youth is in custody to prepare for return to home setting	Offer wrap around support. Outline specific needs
Expungements	Have records expunged automatically when eligible	
Financial support	Provide financial support to youth as they re-enter community	

*Future Enhancement / Goals*