

PROGRAM ELIGIBILITY

- Youth ages 13–20 can be referred to our Juvenile Justice Intervention Services through the Sacramento County Probation Department, based on eligibility criteria and an assessment administered by Probation.

- The JJIS program seeks to address the following needs: family circumstances; education/employment; peer relations; substance abuse; personality/behaviors; and attitudes.



This program is funded by the
Sacramento County Probation Department.



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JUVENILE JUSTICE INTERVENTION SERVICES



ABOUT US

Stanford Youth Solutions + Sierra Forever Families, in partnership with the Sacramento County Probation Department, delivers the Juvenile Justice Intervention Services (JJIS) program.

The program assesses each youth's individual treatment needs and matches the youth to the appropriate service intervention(s) to include: counseling, skill building, peer and family support services; and case management and linkage to community-based services. Services are primarily community-based provided in the home, school, and/or community, based on individual needs of each youth and their family.

Consistent with best practices, probation officers work in collaboration with SYS+SFF's JJIS team, youth, families, advocates, educators and natural supports to ensure the youth and family's needs are being met.

The goals of the program are to build upon the youth's individual strengths, increase resiliency, reinforce positive family and peer connections, promote prosocial behaviors, and improve overall mental health and well-being.

SERVICES

- **ASSESSMENT, SCREENING AND REFERRAL**

Comprehensive assessment and linkage to appropriate counseling and support services.

- **SPECIALIZED REHABILITATIVE & SKILL BUILDING SERVICES**

These services are offered in both individual and group sessions and are designed to address specific targeted behaviors identified in the youth's individualized treatment plan.

- **INDIVIDUAL, GROUP & FAMILY COUNSELING**

Services include treatment planning and the following evidence-based treatment and promising practice models:

- *Functional Family Therapy (FFT)* - a short term family therapy model in which the therapist meets with the youth/family weekly for about 15 sessions to address issues of communication, family relationships and reducing at-risk behaviors.
- *Seven Challenges* - a relationship based practice that is designed for substance abusing or dependent adolescents to motivate decisions and commitments to change.
- *Seeking Safety* - a present-focused therapy that incorporates coping skills to help youth attain safety from trauma and/or substance abuse.
- *Trauma-focused Cognitive Behavioral Therapy (CBT)* - designed to assist youth and their families in overcoming the negative effects of a traumatic experience.

- **TRANSITIONAL AGE YOUTH (TAY) SERVICES & SUPPORT**

Support services for transitional age youth (ages 14-20) are offered to help build their confidence and functioning in the area of independent life skills.

- **FAMILY & YOUTH ADVOCACY**

Peer advocacy and support services.

- **TRANSPORTATION ASSISTANCE**

SYS+SFF staff are able to assist youth and families with accessing public transportation, if needed, to attend necessary appointments.

- **24/7 CRISIS INTERVENTION, SAFETY PLANNING & SUPPORT**

Twenty-four hour crisis intervention and family on-call support is available to youth families, during a time of crisis.

DESIRED OUTCOMES

The program seeks to:

- Keep youth and families together;
- Reduce out of home placements and recidivism;
- Promote well-being;
- Support behavior change, and;
- Target the following behaviors including, but not limited to: family circumstances/parenting; peer relations; substance abuse; leisure/recreation activities; personality/behaviors; and attitudes/orientation.

