

# **Sacramento County Mental Health Access Team**



**3331 Power Inn Road, Suite 180  
Sacramento, CA 95826**

**(916) 875-1055**

**(916) 875-9970 or (916) 875-1190 fax**

**Toll-Free After Hours**

**1-888-881-4881**

**California Relay Service: 711**

## **Who We Are**

The Sacramento County Mental Health Access Team screens and links eligible Sacramento County children, youth, and adults to the appropriate mental health service. This program is the entry point for all planned mental health services.

Licensed clinicians determine eligibility based on the information in the referral and a brief phone screening with the adult client or child's caregiver.

## **Services**

The Sacramento County Mental Health Access Team refers to a network of culturally competent and linguistically proficient mental health service providers including over 40 organizational providers. Bilingual staff and/or interpreters are available at no extra charge. A clinician fluent in ASL is also available. Services provided include:

- **Outpatient Services**
- **Case Management**
- **Evaluation and Assessment**
- **Medication Support**
- **Intensive Care Coordination**
- **Intensive Home Based Services**
- **Services for Youth with coexisting Mental Health and Alcohol / Substance Abuse Disorder**
- **Early Childhood Mental Health**

## Referral Process

Referrals to the Sacramento County Mental Health Access Team may be made via phone, fax or US mail. To make a referral:

1. Individuals/Caregivers can call Access at (916) 875-1055 or Toll-Free After Hours at 1-888-881-4881. **For TTY/TDD, dial (916) 876-8892** and ask for mental health services for the child, youth, or adult.
2. Schools, doctors' offices, hospitals, and other concerned adults may call Access at (916) 875-1055, or Toll-Free After Hours at 1-888-881-4881, or the California Relay Service: 711, to request a referral form.
3. Referral forms are also available online at:  
  
<http://www.dhhs.saccounty.net/BHS/Documents/Provider-Forms/Adult-MH-Forms/Service-Request-Form.pdf>
4. Complete referral form in detail.
5. Fax the completed referral form to: (916) 875-9970 or (916) 875-1190, or mail the form to:

Sacramento County  
Mental Health Access Team  
3331 Power Inn Road, Suite 180  
Sacramento, CA 95826.

6. The Sacramento County Mental Health Access Team will determine the level of service needed and link the individual with a culturally and linguistically appropriate provider.
7. The Sacramento County Mental Health Access Team will let the individual know the provider's name and telephone number.
8. When appropriate to do so and in accordance with confidentiality guidelines, the Sacramento County Mental Health Access Team will inform the referring party that the individual has been linked with a provider agency.
9. The provider will contact the individual and/or caregiver to set up an appointment.

### **Program Staff**

The Sacramento County Mental Health Access Team is supervised by a Mental Health Program Coordinator who is licensed by the California State Board of Behavioral Sciences. All clerical and clinical staff are employees of the County of Sacramento. Access clinicians are licensed by the California State Board of Behavioral Sciences to provide mental health services.

## **Hours of Operation**

Sacramento County Mental Health Access Team staff members are available Monday through Friday between 8:00a.m. and 5:00p.m.

## **Emergency Services**

Mental health emergency services are available 10:00a.m. to 7:00p.m. 7 days a week through the Intake Stabilization Unit (ISU) at the Mental Health Treatment Center located at 2150 Stockton Boulevard. They can be reached by phone at (916) 875-1000 or through the California Relay Service by dialing 711. For after hour emergencies clients can be taken to the nearest emergency department.

The County of Sacramento does not discriminate on the basis of a disability as it relates to access or admission to its available programs and services. If you need an ADA accommodation in order to participate in, or have access to a county program, service, or activity in the Department of Behavioral Health Services, Division of Mental Health, please contact Quality Management at (916) 876-2253 or through TTY/TDD by dialing (916) 875-0844.



County of Sacramento

Department of Health and Human Services

Division of Behavioral Health

Uma Zykofsky, LCSW, Deputy Director  
Behavioral Health Services

Sherri Z. Heller, Ed. D, Director  
Department of Health and Human Services

Nav Gill, County Executive

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