



# Juvenile Justice Services

Nina Acosta, LCSW—Division Manager Forensic Behavioral Health  
Chris Eldridge, LMFT—Program Coordinator YDF



# Youth Detention Facility

6 Licensed Clinicians

1 Licensed Supervisor

6 on call Licensed  
Clinicians

Counselors available  
24/7 7 days a week

Psychiatrists available  
for assessments,  
evaluations, and  
medication support if  
medically necessary.

Family and Youth  
Advocacy available  
through Sacramento  
Advocacy for Family  
Empowerment

# Valley Oak Youth Academy [VOYA]

Created by SB 823 in  
September 2020  
initiating the closure of  
CDCR Division of  
Juvenile Justice (DJJ)

1 Senior Mental Health  
Counselor

1 Licensed Program  
Coordinator

Psychiatrist on site  
Monday, Wednesday,  
Friday and on call

Crisis Intervention 24/7

Specialized program for  
youth sex offenders

# Crisis Intervention

- All youth are assessed within 24 hours of arrival in the facility
  - ▶ **Emergency Response:**
    - Next available clinician
    - Resident placed in Observation Room, suicide gesture/attempt, unstable youth
  - ▶ **Urgent Response:**
    - Within 24 hours of referral
    - Threat of suicide, exhibiting symptoms of psychosis, admitted to YDF
  - ▶ **Routine Response:**
    - Within 72 hours of referral
    - Adjustment issues, anxiety/panic, self-injurious behavior, conflict with staff and/or peers, anger issues
  - ▶ **S-5 Classification:**
    - Weekly follow-up
    - Serious mental illness, circumstances that significantly impairs ability to function and respond to demands of incarceration
    - Schizophrenia, Bipolar D/O, Developmental Delays
  - ▶ **Daily Unit Rounds:**
    - Check in with staff, discuss youth on the rounds list
    - Collect self-referrals, staff referrals
    - Triage youth to assess the urgency of the request/referral

# Collaborative Programs

## ▶ Special Needs Meeting

- Multidisciplinary Team
- Weekly staffing for referred residents
- Action Plans



## ▶ Re-Entry Team

- Provide input on referrals for services in the community to address youth's needs
- Weekly staffing for selected youth

## ▶ Child, Family Team Meetings

## ▶ Multidisciplinary Team Meetings

# Children's Mental Health Programs

Flexible Integrated  
Treatment FIT

The Source

Therapeutic  
Behavioral Services  
TBS

Full Service  
Partnership FSP

Mental Health  
Urgent Care Clinic

Mobile Crisis Team  
MCST

UCD SacEDAPT

Wraparound

Short Term  
Residential  
Therapeutic  
Program STRTP

# Entry Point for Youth Services

## **ACCESS TEAM:**

Entry point for mental health services

Over-the-phone screening

Referrals to mental health service providers

Monday – Friday

8:00 A.M. – 4:45 P.M.

Local Phone (916) 875-1055

<https://mentalhealthservicerequest.saccounty.net/>

Toll Free (888) 881-4881

FAX (916) 875-1190

# UC Davis SacEDAPT

•Description: The SacEDAPT Clinic provides coordinated specialty care (CSC) for individuals experiencing their first episode of psychotic symptoms or early warning signs of these symptoms. Care is delivered in an outpatient setting with the goals of early diagnosis, treatment, and disability prevention. SacEDAPT has a strong and diverse interdisciplinary team of physicians, clinicians, support staff, and peer and family advocates with unique expertise in state-of-the-art assessments and evidence-based practices for early identification and intervention for psychotic disorders.

## Serves:

- Sacramento County residents ages 12 to 30, Medi-Cal eligible OR uninsured
- Experiencing symptoms of early psychosis, including Onset of psychotic symptoms in the past 2 years
- Subthreshold psychotic symptoms
- Recent deterioration in youth with a parent/sibling with a psychotic disorder
- How to refer: Referrals can be made directly to SacEDAPT by providers, educators, or individuals and families by calling 916-734-7251. You can also visit their website: <http://earlypsychosis.ucdavis.edu>



# Full-Service Partnerships

## 24/7 response “Whatever it Takes” Approach

- **River Oak Center for Children Juvenile Justice Diversion Treatment Program (JJDTP): ages 13-25 years**  
Referrals through probation
- **Capital Star Behavioral Health Transition Age Youth Program: ages 16-25**  
Focuses on transitioning to independence  
916-584-7800
- **Turning Point Pathways over 18 and homeless families**  
Intensive Placement Team or through Access
- **Telecare Sacramento Outreach Adult Recovery Program (SOAR) over 18 only**  
900 Fulton Avenue, Suite 205, Sacramento, CA 95823
- **Asian Pacific Community Counseling Transcultural Wellness Center all ages**  
7273 14<sup>th</sup> Avenue, Suite 120B, Sacramento, CA 95820
- **Telecare ARISE over 18 only**  
1103 North B Street, Suite E Sacramento, CA 95811
- **Heartland Family Wellness Center FSP and Respite**  
6833 Stockton Blvd., Ste 485, Sacramento, CA 95823

# Youth Help Network



- The Youth Help Network (YHN): Youth Help Network provides free, short term crisis intervention and linkage to services and support to all youth ages 16 – 25 years old in Sacramento County.
- For questions or to connect to services, please call or text [\(916\) 860-9819](tel:(916)860-9819). YHN is open Monday – Friday from 9 a.m. – 7 p.m or or email: [capitalstaroutreachprogramreferrals@starsinc.com](mailto:capitalstaroutreachprogramreferrals@starsinc.com).
- Follow them on Instagram [@youthhelpnetwork](https://www.instagram.com/youthhelpnetwork) for helpful resources, or visit their website at [www.starsyouth.net](http://www.starsyouth.net)

# Youth Respite Programs

Respite programs are drop in spaces for youth aged 13-25 who are needing a safe and supportive location and easily accessible resources.

## **Rejuvenation Haven operated by Wind Youth Services:**

- Open to any youth but focuses on youth who are experiencing housing instability and homelessness
- Address: 815 S St Sacramento, CA 95811
- Contact: 916-561-4900
- <https://www.windyouth.org/programs/>

## **Q Spot operated by Sacramento LGBT Center:**

- Open to any youth but focuses on youth who identify as LGBTQ and unhoused individuals
- Address: 1015 20<sup>th</sup> St Sacramento CA 95811
- Contact: (916) 442-0185 ext. 107
- <https://saccenter.org/youth>

# The Source—916 Support



The Source is a 24/7/365 call center that provides immediate phone response, mobile in-person/face-to-face crisis intervention, triage services, mediation, follow-up support, and information and referral services to all children and youth and their caregivers or natural supports who are experiencing crisis, emotional or behavioral distress.

Services include peer mentoring, youth and family engagement, support and advocacy, and temporary relief for youth and/or their caregivers or natural supports, and provide opportunities for foster youth and former foster youth to participate in activities.

The Source can be contacted by text, chat or phone, at 916-SUPPORT or through its website, <https://thesourcesacramento.com/>

**Available to ANY Sacramento County Resident under 26 years old (or their caregiver)!!!**

# Mental Health Urgent Care Clinic (MHUCC)

For Sacramento Residents having a mental health crisis and may need linkage to mental health services. If unlinked youth are having an urgent mental health need, they can be assessed by MHUCC.

- Peer and family support
- Psychiatric medication evaluation, excluding controlled medications (no medication is kept on site)
- Integrated co-occurring mental health and substance abuse crisis assessment
- Crisis intervention and counseling to avert the need for inpatient hospitalization
- Referral and linkage to on-going services and community supports

**CONTACT:**

**ADDRESS:** 2130 Stockton Boulevard, Building 300, Sacramento, CA

**PHONE:** (916) 520-2460

**HOURS:** 24/7

