

 <p style="text-align: center;"><b>County of Sacramento</b>  <b>Department of Health Services</b>  <b>Division of Behavioral Health Services</b>  <b>Policy and Procedure</b></p>	Policy Issuer (Unit/Program)	BHS-CMH-YDF
	Policy Number	01-03
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Title: Service Overview		Functional Area: Organization
Approved By:		
Matthew Quinley, LCSW Health Program Manager		Christopher Eldridge, LMFT Mental Health Program Coordinator

**Background/Context:**

Title 15, Section 1437 requires the health administrator/responsible physician, in cooperation with the behavioral/mental health director and the facility administrator, to establish policies and procedures to provide behavioral/mental health services within the Sacramento County Youth Detention Facility (YDF). The Juvenile Justice Institutions Mental Health Team (JJIMHT) provides a range of behavioral/mental health related services to youth detained in the YDF using a variety of professional specialties and areas of skill. All youth admitted to the facility are seen by a clinician within 24 hours of admission to the facility.

**Definitions:**

**Facility Administrator:** Means the chief probation officer, sheriff, marshal, chief of police or other official charged by law with administration of the facility.

**Health Administrator:** Means that individual or agency that is designated with responsibility for health care policy pursuant to a written agreement, contract or job description.

**Mental Health Director:** Means that individual who is designated by contract, written agreement or job description to have administrative responsibility for the mental health program.

**5150 Designee:** A mental health professional that has completed a County authorized 5150 Certification or Re-Certification Training and successfully passed the 5150 examination, or authorized staff at a 5150 designated facility, mobile crisis team, or other designated staff.

Designees are authorized to hold the privilege, within the scope of their employment, to access and complete a 5150 application for an individual to be involuntary detained for psychiatric evaluation and treatment for those who, due to a mental disorder, may constitute a danger to self, a danger to others, and/or may be gravely disabled.

## 5150 Site Coordinator:

An employee appointed by an agency to oversee the 5150 agency Designees and the Designee List procedures. The Site Coordinator is responsible for maintaining the 5150 Designee List and submitting corrections and/or Designee changes to Quality Management as indicated.

### **Purpose:**

The objective of this policy and procedure is to define the eligibility criteria for mental health services and to describe the services provided by the JJIMHT.

### **Details:**

1. Eligibility
  - A. Youth are eligible to receive JJIMHT services upon admission to the facility, referral by arresting entity, medical staff, educational staff, probation staff, legal representative, officer of The Court, any other interested party or by self-referral.
  - B. Youth may request JJIMHT services through any facility staff or by placing a self-referral in the Mental Health Box on the living unit. Mental health staff will make daily rounds to each living unit to obtain referrals for youth who have self-referred.
  - C. Absent an emergency or the youth meets criteria for involuntary commitment under the Welfare & Institutions Code 5150, all services shall be provided on a voluntary basis.
  - D. Discrimination or denial of service is prohibited to any youth, otherwise qualified, based on race, color, religion, national origin or ancestry, sex, sexual preference, gender expression, age or physical or mental handicap.
2. Services Provided
  - A. Screening for mental health problems at intake.
  - B. Crisis intervention, stabilization, prevention of psychiatric deterioration in the facility setting and management of psychiatric episodes, referral to licensed mental health facilities, and follow-up for youth whose psychiatric needs exceed the treatment capability of the facility. All JJIMHT members whose primary assignment is the YDF are 5150 designees. The JJIMHT Program Coordinator serves as the site-coordinator for 5150 designees.
  - C. Medication support, initiation and/or continuation of psychotropic medication upon consent of the legal guardian or authorization from The Court.
  - D. Elective therapy and preventative services and groups where resources permit.
  - E. Transition planning for youth undergoing mental health treatment, including arrangements for continuation of medication and therapeutic services.
  - F. Consultation and recommendations to probation staff in response to youths' mental health needs.
  - G. Coordination of care with Juvenile Correctional Health Services and Probation for youth with substance abuse issues with known or suspected mental illness.
  - H. Coordination with probation staff, The Court, other facilities and community resources.

- I. All mental health services will be performed by licensed or license waived mental health professionals. Waivered clinicians will perform duties under proper supervision and be registered as a waived clinician with the Division of Behavioral Health. Selected specialists will provide therapeutic services within the scope of their respective disciplines.
3. Program Hours of Operation
  - A. JJIMHT clinicians are generally assigned to work 8 hours each day, 8am to 4:30pm or 10:30am to 7pm, with rotating weekend assignments.
  - B. The JJIMHT Program Coordinator and Senior Office Assistant (SrOA) are scheduled 8 hours each day Monday through Friday.
  - C. Psychiatric services are provided by contracted physicians who provide a montly schedule of on-site and on-call coverage.
  - D. On-call clinical staff are utilized to augument coverage when available.
  - E. The Program Coordinator assigns a rotating schedule of JJIMHT clinicians to function as the Clinician of the Day in the absence of the Program Coordinator.
4. Service Related Issue Resolution
  - A. If a youth or caregiver is dissatisfied with any aspect of the interaction with the JJIMHT, the issue is referred to the JJIMHT program coordinator, program manager or to Quality Management.

**Related Policies:**

BHS-QM-03-01-Problem Resolution

BHS-CMH-YDF-04-04-W&I 5150 Designation Policy

BHS-CMH-YDF-04-05-5150 Application

BHS-CMH-YDF-09-10-Attendance and Punctuality

**Contact Information:**

Christopher Eldridge, LMFT, Mental Health Program Coordinator, (916)876-9339,  
[eldridgec@saccounty.net](mailto:eldridgec@saccounty.net)