



SUPPORT FOSTER YOUTH  
IN SACRAMENTO COUNTY

## QUALIFY TO BE A RESOURCE FAMILY

- Reside in Sacramento County
- 18 years of age minimum
- Be in good health
- Each adult in the home must be willing to submit to a background check
- Extra space in the home for a foster youth
- Have a home which passes a safety inspection
- Have sufficient income to meet current expenses
- Be willing to complete required training
- Attend orientation and complete an application packet

## STEPS TO BECOME A RESOURCE PARENT

- Orientation and Application
- 12 Hours of required training
- Family Evaluation
- Complete criminal background check



## QUESTIONS & ANSWERS

**Q** Who are the youth in Foster Care supported by Probation?

**A** Teenagers that may have experienced trauma resulting in behavioral, emotional and/or educational needs who entered the juvenile justice system and are on formal probation.

**Q** Why do I need approval?

**A** California state law required a family be approved to care fulltime for any foster youth under the age of 18.

**Q** Can I be a resource parent if I am single or if I rent a home?

**A** Yes

**Q** What if I want to adopt?

**A** Guardianships and adoptions are possible.

**Q** Will I know why the youth is on probation?

**A** Yes, the youth's history will be discussed as well as their recently achieved goals and completed treatment.

Probation Officers in Placement Services engage, supervise, and support youth and family in identifying treatment needs and services, case planning, reunification, and Re-Entry services. A trauma informed, family centered and strength based approach is utilized by the Probation Officer in supporting the reunification of the youth with family, relatives, or nonrelative family members as soon as possible.

## SUPPORT AND ASSISTANCE AVAILABLE TO THE RESOURCE FAMILY

- Monthly compensation
- Respite care (short term placement relief)
- Training
- Foster Parent Association
- Resource family support groups and mentors
- Probation youth and Resource
- Family have support from probation officer

# SACRAMENTO COUNTY PROBATION

*Supporting Positive Change*



**#FOSTERAYOUTH**

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**YOUTH IN**

**SACRAMENTO COUNTY**

**NEED RESOURCE FAMILIES**

**FAMILY.  
COMMUNITY.  
SUPPORT.**

Resource families provide parental care, guidance and stability to our teenagers.

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